County of San Luis Obispo Behavioral Health Department Mental Health Services Act

Mental Health Advisory Committee (MAC) Stakeholder Group Meeting:

This document is proof of stakeholder involvement in decision making priorities and practices for the County of San Luis Obispo Mental Health Services Act programs.

The MAC Stakeholder Group asserts that they have fully understood and made a decision regarding the changes for the following program/service:

Behavioral Health Youth Crisis Specialist – Convert Limited Term to Permanent	
Current Program/Service	New Changes/Updates to Program/Services
Youth Mobile Crisis (grant	Convert 1.0 FTE Limited Term Licensed Psych Tech/LVN I/II/III to Permanent for
funded)	Youth Crisis.
Current Total Amount:	New Total Amount:
\$133,798	\$148,570 (beginning July 2026)

Justification:

- The County's Youth Crisis lead (assigned to Sierra Mental Wellness Group's Menta Health Evaluation Team) is currently funded from the award of a California Health Facilities Financing Authority (CHFFA) Grant, which sunsets in June of 2026.
- Since the grant was extended (from November 2022), the position's Limited Term has expired. The grant extension requires the County to extend the Limited Term of the position.
- However, the County can also convert the position to Permanent, and would like to do so to reduce administrative actions.
 This can be done in this quarter with MHSA Community Advisor approval of support for the position beginning July 2026 after the grant sunsets.
- The Licensed Psych Tech (LPT) is assigned to this role as the youth specialty Crisis Specialist for regionalized crisis intervention services in all regions of San Luis Obispo County including remote regions with prioritization given to schools and hospitals. The LPT has specific training, knowledge, and experience working with youth, families, and the youth system of care in order to better support and manage field-based crisis.
- In FY 2020-2021 there were 191 transfers out of county for the 210 youth 5585 holds (91%). Mobile crisis expansion has improved that rate by providing more on-site stabilization and resources. However, the need remains significant. Between October 2022 and January 2023, for instance the County recorded 80 youth out-of-county transportations out of 126 calls for service (63%).

Outcomes:

- The Licensed Psych Tech (LPT) is assigned to Youth Crisis/MHET will respond to 100 youth crisis calls annually.
- The Licensed Psych Tech (LPT) is assigned to Youth Crisis/MHET will continue to reduce Youth holds (5585) from an average of 20/month (FY 21-22).
- Youth Crisis response time shall not exceed: 10 minutes for phone response to individual in crisis; 30 minutes, from the end time of the MHET phone intervention to a face-to-face evaluation of the individual; or 45 minutes for remote County locations.
- 100% of all Crisis contacts that were diverted without a section 5150 or 5585 hold will be provided follow-up services by phone or in-person within 24 hours of initial call.

On Wednesday, March 29, 2023: Convert 1.0 FTE Limited Term Licensed Psych Tech/LVN I/II/III to Permanent for Youth Crisis.

Notes:
[] SLOBHD Staff does not recommend approval by the MAC Stakeholder Group as specified above.
[X] SLOBHD Staff recommends approval by the MAC Stakeholder Group as specified above.



