County of San Luis Obispo Public Health Department

Division: Emergency Medical Services Agency Effective Date: 08/01/2019

Protocol #631

HYPERTHERMIA/HYPOTHERMIA	
ADULT	PEDIATRIC (≤34 KG)
BLS	
Universal Protocol #601	Same as Adult
Pulse Oximetry	
 O₂ administration per Airway 	
Management Protocol #602	
Hyperthermia/Heat related emergencies	
 Remove from environment 	
 Begin cooling measures 	
Hypothermia/Cold related emergencies	
 Remove from environment 	
 Begin warming measures 	
ALS Standing Orders	
 Heat related seizures – see Seizure (Active) 	Same as Adults
Protocol #620	
Arrhythmias – follow appropriate protocol	
Base Hospital Orders Only	
As needed	As needed
Notes	

- Heat related emergencies
 - Cooling measures
 - Remove clothing/cool with water and fans/air conditioning
 - Ice packs to neck, armpits and groin
 - Alert patients may receive up to 1 liter of water or sport drink (50/50 with water) in small amounts if tolerated
- Cold related emergencies
 - Pulses may be difficult to obtain check for 30-45 seconds
 - Warming measures
 - Move to warm environment
 - Remove wet clothing
 - Rewarm with blankets/heater/etc
 - Rough handling may precipitate arrhythmias
- Frostbite consider only if evacuation not possible for 6-12 hours
 - o If no risk of refreezing use tepid water immersing limb until soft, pink and pliable
 - o After rewarming place gauze between digits and dress extremity splint as necessary