

## COUNTY OF SAN LUIS OBISPO HEALTH AGENCY PUBLIC HEALTH DEPARTMENT

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## **PROVIDER HEALTH ADVISORY**

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## **COVID-19 and Youth Sports: Returning to Play after Infection**

With the end of spring break and a busy spring season for youth sports, general practitioners and Urgent Cares should expect to see an increased number of student-athletes seeking clearance for return to play following COVID-19 infection. For these student-athletes, please follow the <u>American Academy of Pediatrics Interim Guidance on Return to Sports.</u> Refer to the following section: Evaluation for Resumption of Physical Activity/Sport Activity for Child/Adolescent with COVID-19.