

MRC Newsletter

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VOLUNTEER ORIENTATION VIDEO

Please take a moment to watch this YouTube video highlighting the volunteer process at the CPACS. You may open this video by clicking this link: [Cal Poly Alternate Care Site Volunteer Orientation Video](#)

STAFF SPOTLIGHT

Lydia Aguayo, an Administrative Assistant III for County Animal Services, is one of the first people you may meet at the CPACS because she is working at the front desk. She may be taking your temperature, helping you sign in, or taking your photo for a name badge. Helping the public is what attracted her to Animal Services, so she is happy to help everyone at the CPACS.



When she is not at work, she loves taking her horse, Amadeo, on trail rides, to the beach, and to practice jumping. A movie that hits close to home for her is *The Reader* which chronicles a relationship during the holocaust. Lydia recommends that everyone listen to *What a Long Strange Trip it's Been* by The Grateful Dead at least once. The album rings very true to her. She wants to let the volunteers know, "Thank you, and I mean that." If you see Lydia at the front desk, please say hello.



VOLUNTEER SPOTLIGHT

As the Alternate Care Site's Chief Nursing Officer, Art Dominguez Jr. is a vital part of our team. Despite his full-time job, he feels blessed to be able to help create a facility that he would feel comfortable bringing his own family into. Art has a passion for person-centered care, and always feels like he can give more. Art works as the Chief Nursing Officer at Sierra Vista and is the Incident Commander for COVID19 during this pandemic. During his free time, he enjoys spending time with his large family going on boating trips at Lake Havasu, camping, and working on projects around his new home.



One of Art's favorite books, *The Power of Moments*, speaks to his outlook on life, of living each moment, how valuable each person's time is. Art wants to extend his true, endless thankfulness that he has for each and every one of you, for giving the greatest gift you can give. Our community has a genuine drive to care for everyone.



CPACS UPDATES

Starting Friday April 24th, the CPACS began hosting trainings for Cuesta Nursing students. To be ready to work in the Red Zone. These trainings will continue each Friday.

Read more about the CPACS at [ReadySLO.org](#).

RESOURCES FOR WORKING AT THE CPACS

[The MRC Manual](#) provides volunteers with the purpose, scope, and mission of the Medical Reserve Corps, while outlining the guidelines for how it operates. This is a valuable resource for volunteers. The manual is a short read if you have the time, but we will be featuring key tidbits in this newsletter, starting with the SLO MRC's purpose.

The purpose of the County of San Luis Obispo Medical Reserve Corps is to:

1. Organize and train healthcare professionals to respond to the specific needs of the community, thereby enhancing local emergency response efforts, especially during largescale local emergencies.
2. Provide reserve capacity at the community level to respond to local public and community health needs and education.
3. Create a framework to match medical volunteers' skills with the community's needs.
4. Draw health professionals into volunteer service.

COURSES & LEARNING

Typically Medical Reserve Corp Volunteers are required to complete [FEMA IS-700 "An Introduction to the National Incident Management System"](#), however, this has been waived for CPACS volunteers. This week we are encouraging our MRC members to go through the online course and complete the final exam to earn this certificate.

Once you pass this exam, the certification will be sent to you via email and has no expiration date. Please save this certificate to an accessible location on your computer for future verification by our team.

JOKE OF THE DAY

Knock knock,
Who's there?
HIPAA
HIPAA who?
I can't tell you that.



FREQUENTLY ASKED QUESTIONS

- Q: What types of patients will CPACS be taking?**
The CPACS is designed to take ambulatory patients directly from local hospitals whose needs are between hospitalization and being ready for home care. We can provide supplemental oxygen, IV fluids, and minimal medications. Most patients are expected to stay at the CPACS from 2-4 days.
- Q: Will CPACS take patients from neighboring counties?**
We may accept civilian patients from neighboring County hospitals if requested. San Luis Obispo County Administrative Officer Wade Horton agreed that non-prisoner, noncritical patients from northern Santa Barbara County hospitals could use the alternative care site if the need arises.
- Q: Has the CPACS been reviewed and approved by the Fire Marshal?**
Yes, the CPACS has been inspected by the State Fire Marshal Fire for compliance with applicable fire safety measures and the CPACS has received the necessary Certificate of Occupancy for all 6 phases.

CONTACT US

If you have a joke for the next newsletter, want to nominate someone for a volunteer spotlight, or have any questions or concerns, send us an email to hr_alternate_care_site@co.slo.ca.us or call us at (805) 781-1722.