

Your Future Together...

Information You Need to Know

Congratulations on your new life together! The California Department of Public Health would like to provide you with information about healthy choices that can make a difference for you and your family. Making the right health decisions and living a healthy lifestyle is important at any age. If you have any questions about the information in this brochure, please contact us at yft@cdph.ca.gov.



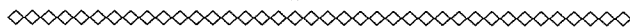
The Name Equality Act of 2007

This act allows one or both applicants for a California marriage license to elect to change the **middle** or **last names** by which each party wishes to be known after solemnization of the marriage. Changing one's name through this process can only be done at the time the marriage license is issued by the County Clerk or authorized Notary Public, as applicable. After a license is issued, it cannot be changed.

Genetic Diseases

Some health problems are passed down in families from parents to children through genes. They are called "genetic diseases." They are not contagious. They cannot be "caught" like a cold.

To find out more about testing and treatment for genetic diseases, genetic counseling, and where to get tested, please visit www.cdph.ca.gov/gdsp.



HIV/AIDS

HIV is the virus that causes HIV disease and AIDS. Everyone who has HIV has HIV disease, including people with AIDS. While there is no cure for HIV, drugs are available which can help people with HIV and AIDS live long and healthy lives.

How Do You Get HIV?

HIV is passed through unsafe sex, contact with blood from a person infected with HIV, and drinking breast milk from a person infected with HIV. A woman who has been infected with HIV may pass it on to her baby during pregnancy, delivery or through breastfeeding.

Where Do You Get the Test?

You can get a confidential HIV test from your health care provider, doctor, clinic, or county health department. For more information call **1-800- CDC INFO (232-4636)** or visit www.hivtest.org.

For more information on AIDS please visit www.cdph.ca.gov/aids.



Domestic Violence

Domestic Violence is more than just a disagreement and encompasses abusive behavior that can be physical, emotional, psychological or sexual.

Domestic violence is a pattern of behavior used to gain power and control over an intimate partner or spouse. Physical violence does not need to occur for a relationship to be abusive.

DOMESTIC VIOLENCE IS AGAINST THE LAW.

If you need emergency help, call 911 or the police immediately.

Domestic Violence Resources:

National Domestic Violence Hotline

1-800-799-SAFE (7233)
1-800-787-3224 (TTY)
www.ndvh.org

National Sexual Assault Hotline

1-800-656-HOPE (4673)
www.rainn.org

For more information about domestic violence please visit www.cdph.ca.gov/programs/SACB.

