

WILSHIRE COMMUNITY SERVICES





WILSHIRE HEALTH AND COMMUNITY SERVICES

Wilshire Home Health
Wilshire Hospice
Wilshire Community Services
Wilshire Connected Care
Wilshire Business Partners



HELPING PEOPLE LIVE A BETTER LIFE

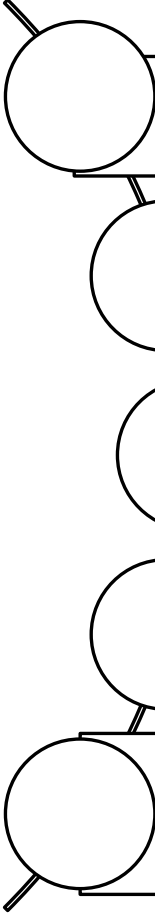
Central Coast Grown, Central Coast Heart.

Wilshire Health and Community Services is a mission-driven organization with deep roots and a big heart in San Luis Obispo. Our heart is evident in the way we serve; with compassion, kindness and integrity. Our roots are in our staff: the people you call your neighbors and friends.

Our work is defined by our passionate mission of helping people live a better life.

Wilshire Health and Community Services has been serving the Central Coast for more than 20 years. We've continued to meet community needs by providing care through three agencies: Wilshire Home Health, Wilshire Hospice, Wilshire Connected Care and Wilshire Community Services. We also continue to serve our community through Wilshire Business Partners, which allows us to connect, collaborate and consult with other providers.

OUR SERVICES



Hospice Care Compassionate end of life care with an interdisciplinary team that focuses on you and your family's medical, physical, emotional and spiritual needs.

Home Health Care In home health care with a highly skilled clinical team to get you back to your best.

Older Adult Services Programs to support older adults through uniquely challenging times, including counseling, friendly visits, transportation, specialty behavioral health services and conflict resolution.

Mediation Services Conflict resolution services to enable you, your business or your family to navigate challenges, and offer you a chance to talk about what matters most.

Provider Solutions Business consulting services to help your agency your needs, including billing and AR management services.

OLDER ADULT SERVICES

MHSA

Friendly Visitor — Friendly visits with homebound or isolated older adults.

MHSA

Clearings — Depression screening and treatment for older adults.

MHSA

Senior Peer Counseling — 55+ Senior peer to peer counseling for at risk older adults.

MHSA

FSP (Full-Service Partnership) — Comprehensive behavioral health services including: individual therapy, case management, psychiatry, and medication management.

MHSA

EMBRACE — Behavioral health support and training for staff and residents of Residential Care Facilities for the Elderly.

Driver or Tasks — A Volunteer Program Designed to bridge the gaps in Safety Net Services for older adults 60+ and adults 18+ with disabilities.

THE WILSHIRE APPROACH

- Continuum of care
- Bio/Psycho/Social intake assessments
- Regular Reassessments; can also be triggered by “red flag” events.
- Customized case plan to meet individual needs
- Our clients experience the benefits of new connections and strong relationships, trusted listening through life’s ups and downs, and a forum to resolve conflict by having the difficult conversations that matter most.
- We play a decisive role in preserving the quality of life, dignity, and independence of older adults and their families.

AGING TODAY

Many Older Adults (especially females) live alone. 56% of females ages 85 and older live alone.

Many Older Adults are “aging in place”.

Today, Older Adults are more likely to seek out behavioral services than ever before.

Average U.S. life expectancy increased from 68 years in 1950 to 79 years in 2013

ACCESSING BEHAVIORAL HEALTH SERVICES

Today, Older Adults have options when looking for behavioral health resources. The need for specialized services for this population has been demonstrated over the years thus leading to an expansion of care options. Although, specialized practitioners are still limited, those seeking help have more options than ever!

- Private practice clinicians who accept MediCare
 - ✓ Has expanded! As of January 1, 2024, Licensed Marriage and Family Therapists and Licensed Mental Health Counselors can accept MediCare.
- Behavioral Health Clinics
 - ✓ Wilshire Connected Care
- CenCal
- County Behavioral Health

CENCAL VS MEDICARE

Behavioral Health

CenCal

MediCal benefit. Covers all mild to moderate outpatient mental health services. Also covers Behavioral Health Treatment

MediCare

Covers mental health and substance abuse disorder services for patients who are eligible for Medicare Part A and Part B.

County BH

Covers all severe conditions (also known as “Specialty Mental Health Services”) as well as “Substance Abuse Disorder” benefits.

MEDICARE BEHAVIORAL HEALTH SERVICES

- Individual, group therapy, and family counseling (if it will help patient's treatment)
- Psychotherapy for crisis
- Diagnostic Tests
- Inpatient Hospitalization
- Partial Hospitalization
- Intensive Outpatient Services
- Substance Use Disorder Treatment
- Medicare Part D prescription drug plans also cover prescription drugs related to mental health and substance use disorders.

WILSHIRE CONNECTED CARE

Wilshire Connected Care is available to provide Behavioral Health Services to MediCare patients. Services include:

- ❖ In office therapy
- ❖ Telehealth with a licensed practitioner
- ❖ Facility-based therapy and support
- ❖ Access to primary care medical services/support
- ❖ Access to the continuum of care provided by Wilshire Health and Community Services



THANK YOU!

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