

Behavioral Health Board Minutes
San Luis Obispo County
November 18, 2015
3:00 – 5:00 p.m.
Health Campus Library Conference Room, 2180 Johnson Ave
San Luis Obispo, CA 93401

MEMBERS PRESENT:

Anne Robin
Martin Bragg
Aurora William
Clint Weirick
Jill Heuer
Jim Salio
Joyce Heddleson
Karl Hansen
Linda Connolly
Marshall Hamilton
Theresa Scott
Tyler Brown
Vicki Fogleman (for Sup. Mecham)

MEMBERS AND ALTERNATES ABSENT:

Frank Mecham
Ian Parkinson
Kelly Kenitz (for Sheriff Parkinson)
Loretta Butterfield
Pam Crabaugh
Jason Reed
Robert Reyes
David Riester

BEHAVIORAL HEALTH STAFF PRESENT:

Jean White

GUESTS:

Jon Nibbio
Diane Leenders (ACTTCPA)
Pam Stanley

1. **Meeting was called to order @ 3:02 pm by Martin Bragg.**
2. **Introductions and Announcements:**
 - Round-table introduction.
 - SLO North County Acute Care MH Facility Alert Handout- Project scheduled to go before the SLO Planning Commission on December 10th. There will be a meeting in Templeton at Vineyard Elementary School at 6:30pm. These people are opposing the Templeton facility.
 - Clint: We have new Judge Peron appointed. Suggest sending a letter of welcoming her from the BH Chair.
 - Theresa: Commended Judy Vick and Behavioral Health Department. Was at Adult Services Policy Committee Meeting and she did a wonderful presentation.
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3. **Citizen Comments:**

None.
4. **Approval of Minutes:** The minutes of the meeting of October 21, 2015 were reviewed and approved
M/S/C: Hamilton/Heddleson.
5. **Ongoing Business:**
 - a) **Educational Topics requested by BHB members:**
 - Drug and Alcohol and Mental Health co-morbidity, interactions.
 - Child Psychosis/ Psychiatric Treatment.
 - Guns/weapons at schools.

- New laws and impact on County Behavioral Health.
- Range of mentally ill- where they are living/housing.
- How does the Judicial System work with Mental Health Commitment.
- Adult (ASPC) on list of topics?
- Change in Drug Medi-Cal Issues.
- Foster Care Reform-AB 403 (later into next year)- passed initial discussions of what it will look like. It will be 5 to 10 years before bill is implemented.
- Tobacco Cessation integration (next year).
- Implications of Medical Marijuana (future).

b) Strategic Planning:

- Reviewing charge and mandates. Look at how other counties are doing, are they good models? Interested in viewing examples. Anne: More of a prioritization how does the Board want to achieve their goals?
- Possibly start with World Café in January, have one table for Strategic Planning. Review our mandates and obligations and set our next action plan within purview of Behavioral Health Board.

Not interested in bringing in professional Strategic Planner. Agree in need to focus on review of charge and how the group wants to better meet that charge. Take first dedicated meeting to look at charge. That would be in February, January would be World Café, unless something else comes up.

6. New Business:

A) Committees: David sent out email to Committee Chairs for update. There is lack of direction at Committee meetings. Attendance is low. Need to roll back to basics: Must have a Nominating/Membership Committee (required by Bylaws), then figure out what other Committees we need. In February: Review Bylaws, goals, determine Committee and goals.

B) Around the World Café: Vets Hall possibly in January at regular meeting time 2-5pm.

7. Director's Report:

- Directing Change is coming. Anybody that has students interested in applying for Reducing Stigma or Suicide Prevention films, please let the schools know that the contest is starting again..
- Last week attended the Behavioral Health Directors Association Strategic Planning Meeting in Carmel. One third of the Directors are new. It is exciting to see new faces. Went over primary issues with our New Executive Director- Kirsten Barlow:
 1. Increasing California's capacity to effectively serve individuals in MH crisis.
 2. Expanding California's capacity to treat individuals with substance use disorders.
 3. Integration of the Public Behavioral Health Care Delivery System with Medi-Cal Managed Care Primary Care Delivery System.
 4. Increasing housing.
- Counties continue to get jail funding. We will be in communication with Sheriff Parkinson with ideas on how to increase treatment programs. Also re-entry services are getting better and better.
- The Psychiatric Health Facility went smoke-free about a year ago and has gone well. The whole campus is smoke-free.
- We got a small grant on reducing opiate use. Community Connection Grant.
- Handed out the Emergency Services Pocket Cards with information on Emergency Planning.
- BHIP was refunded- It is a Planning Grant. The Objectives this year:
 - Bi-monthly meetings.
 - Four Grand Rounds trainings.
 - More data collection.
 - Peer navigators- expanding to Drug and Alcohol system.
 - HIE

- Conferences/learning opportunities
- AB109 Executive Committee- New positions were approved:
 - Mental Health Worker-to provide outpatient training for misdemeanor.
 - Half-time Drug and Alcohol Worker.
 - Half-time Drug and Alcohol for Probation.
 - Sheriff- position to do vocational training.
- Laura's Law: Scheduled next Tuesday at Board with four options. Anne will be giving presentation.

8. Presentation: Forensics- Teresa Pemberton.

Teresa Pemberton began her presentation at 4:23pm with two handouts:

- BHTCC Flow Chart
- Forensic Services

9. Adjournment: Meeting was adjourned at 4:50pm

There will be no meeting in December.

The next Behavioral Health Board meeting will be Wednesday, January 20, 2016, 2:00pm – 5:00pm in the Library Conference Room, Second floor of Health Campus (no World Café in January).

-Laura Zarate