

Behavioral Health Board Minutes
San Luis Obispo County
November 18, 2020
3:00p.m.

MEMBERS PRESENT:

Clint Weirick
Barbara Levenson
Robert Reyes
Marshall Hamilton
Nicole Bennett
Pamela Zweifel
Amber Gallagher
Joseph Kurtzman
Joyce Heddleson
DAVID RIESTER
MARY BIANCHI
MELISSA CUMMINS
JOHN ARMSTRONG (FOR SHERIFF PARKINSON)
JOHNNY RODRIGUEZ

MEMBERS ABSENT:

TeaEster Higgins
Rose Fowler Plummer
EULALIA APOLINAR
MARCELLA PARIC

HEALTH AGENCY STAFF PRESENT:

Anne Robin
Laura Zarate
Frank Warren
Kristin Ventresca
Sandra Farley
Brian Atwell

GUESTS:

Margarette Jamie Moore
Jonathan Nibbio

1. **Clint Weirick called meeting to order @ 3:00 pm.**
2. **Introductions and Announcements:**
Round-table introductions.
Barbara Levenson: Report on progress on outreach on Long-term Care. Mailer went out with Suicide Prevention information. Training on MH First Aid was yesterday. Very excited to offer these resources.
Melissa Cummins: People who are incarcerated right now, is an overlooked population. Prison population typically have groups and individual sessions. During this time of COVID, those services are not happening. People with mental health needs are not receiving those services.
3. **Public Comments-**
 - None
4. **Approval of Minutes:** Minutes from October 21, 2020 approved with latest version as distributed with one correction: M/S/C: Kurtzman/Hamilton Abstain: None.
5. **Ongoing Business:** None
6. **Membership Committee Report- Update:**

- Congratulations to Johnny Rodrigues whom application to BHB was approved by BOS. Johnny's position will be replacing Marty Bragg therefore his term will expire June 30, 2023.
- We have two vacancies on this Board.
- Discussion on having applications on file. Particularly for folks being on the Board for many years. We will work on updating the application, and having a new application filled out by all BHB members.

7. Member Highlight- Joyce Heddleson

Joyce Heddleson shared her educational, vocational, and some of her personal history.

8. Director's Report- Legislative Update, Anne Robin:

- Would like to say I appreciate Joyce Heddleson, she has been on our Quality Support Committee for more than 7 years and always has the right questions on what data can teach us. I appreciate her contribution. Thank you, Joyce.
- COVID-19: SLO County demoted to the Purple Tier for California Reopening- not all because of Cal-Poly nor State Prison. Please continue wearing masks.
- Our Psychiatric Health Facility (PHF) is currently having the annual State Audit and will have an exit interview today. Some PHF staff changes:
 - Claudia Lopez is our new Patient's Rights Advocate
 - Desiree Troxell moved into the Social Worker position previously Michael Tubner's whom retired.
 - Rebecca Parham who is the MH Adult Outpatient Supervisor here in SLO, is the Supervisor for that Social Worker position because you need to have an LCSW. She also provides support to the PHF.
 - Brian Atwell is always interviewing for Psy-Techs. It has been challenging with people being on leave and FMLA.
 - The PHF census has been full since August. Currently we have 4 inmates and 4 LPT conservatees and we were at 15 beds this morning. That means adults with Medi-Cal have had to be sent to out of County hospitals. Staff work hard to find placements in out of County hospitals. Kids have and will continue to be especially difficult because of lack of pediatric beds.

9. Presentation: Crisis Stabilization Unit- Sandra Farley

Sandy introduced herself and educated the BHB on the Crisis Stabilization Unit. Some important points she talked about are:

- CSU is a 23-hour facility
- CSU has a Walk-in basis, Monday- Friday 10am -6pm with a designated staff member that can evaluate a client that is not already on a hold to see if they meet criteria to be on a 5150 hold (grave disability, danger to self/others) and if they do not, also to see if we can help them connect to services.
Walk-in patients do not have to stay, they can leave anytime. Sometimes they just need to talk to someone, and they may leave with all needs met.
- Do have people in the unit that are on hold and need to be medically cleared. Will take them to the Emergency Room if we feel they have a medical condition. Once they are stable, we bring them back to deal with the Psychiatric condition.
- We have had a total of 13 walk-ins since 9/14/2020-11/2020.
- Continue to do outreach to multiple agencies that we believe could benefit from our services i.e. Cal-Poly, THMA etc.

- Clients have expressed appreciation that they are able to come to the CSU and not the Emergency Department.
- Please call CSU 788-2505 if you have any questions.

10. **Adjourn BHB Meeting and Public Hearing Called to order: 4:00pm**

11. **MHSA Annual Update Report- Frank Warren and Kristin Ventresca**

<I:\Admin-Fiscal\BOS Items\Behavioral Health Board\Presentations\10-21-20 Annual Update public notice 2020.docx>

Motion to Approve of MHSA Annual Update Report with comments and recommendations integrated:
M/S/C: Riester/Reyes Abstain: None.

Announcements: Clint Weirick stated this to be his last BHB Meeting as Chair. This is sad news for this Board. We will all miss you and wish you the best Clint!

12. **Adjourn Public Hearing at 4:51pm.**