

Behavioral Health Board Minutes
San Luis Obispo County
October 18, 2023
3:00p.m.

Members Present:

Barbara Levenson
Amber Gallagher
Mary Bianchi
Rose Fowler Plummer
Chief Robert Reyes
Melissa Cummins
Donna Klein
Hugo Balcazar
Leslie Brown
LT Robert Crout

Members Absent:

Joseph Kurtzman
Chris Emert
Dr. Dana Hunt
Supervisor Jimmy Paulding

Health Agency Staff Present:

Christy Haney
Dr. Star Graber
Morgan Torell
Nick Drews
Frank Warren
Andrew Harris
Karina Silva Garcia
Landon King

Guests:

Jon Nibbio
Amanda Sherlock
Mike Bossenberry

- 1. Barbara Levenson called meeting to order @ 3:00pm**
- 2. Introductions and Announcements:**
 - Round table introductions.
 - Health Agency Director, Nick Drews, introduced himself to the Behavioral Health Board members. Nick commented on challenges our county has been facing and the goals for the future.
- 3. Public Comments:**
 - Donna Klein: Donna works at the Crisis Stabilization Unit, which is a 24-hour facility, and staffing of nurses is a challenge. There is a high turnover rate, primarily due to pay.

4. Approval on Minutes: Minutes from September 20, 2023

M/S/C: Mary Bianchi. Abstain: 4

5. Ongoing Business:

- Approval of minutes from August 16, 2023
M/S/C: Leslie Brown/ Robert Reyes. Abstain: None
- A sign-up sheet was passed around to sign up for areas of interest for the review of the MHSA Annual Report draft. The draft is available online at [https://www.slocounty.ca.gov/Departments/Health-Agency/Behavioral-Health/Forms-Documents/Mental-Health-Services-Act-\(MHSA\)/MHSA-Annual-Updates.aspx](https://www.slocounty.ca.gov/Departments/Health-Agency/Behavioral-Health/Forms-Documents/Mental-Health-Services-Act-(MHSA)/MHSA-Annual-Updates.aspx). Those who are interested in a physical copy will be mailed one. The Behavioral Health Board will be voting at the November meeting.
- At the September meeting, members signed up for potential site visits in 2024. Potential visits are:
 - Family Care Network, January 2024: Devon and Amber.
 - SAFE, April 2024: Barbara and Hugo.
 - Martha's Place, July 2024: Mary, Rose, Dana, and a CenCal representative.
- Vote on New Member: Amanda Sherlock, family member. Amanda has applied for membership and has met all requirements.
 - M/S/C Melissa Cummins/ Mary Bianchi – unanimously approved to move forward to the Board of Supervisors meeting on November 28, 2023.

6. New Business:

- Capstone Report for Youth is still in draft. It is expected to be released prior to the November 15, 2023, meeting. The report is about 50 pages. There should be no surprises. The main focuses are crisis beds and how we must send youth out of the county. A copy of the report will be sent out before our next meeting.
- Ideas for 2024 Presentation Calendar:
 - MediCare and MediCal – complications coordinating services.
 - CalAIM Initiatives – variety of different topics.
 - New Electronic Health Record and SmartCare – possibly next summer to give a full year of implementation.
 - Probation Department support dog, Ruthy and Victim's Witness support dog, Edgar – training and how she is utilized to support.
 - Mobile Crisis Update – possibly September or October of next year for a full year of implementation.
 - Any other suggestions can be emailed to Barbara or Christy.

7. Membership Committee - Update:

- Devon McClellan's position will be taken to the Board of Supervisors on October 31, 2023.
- Laura Zarate created six examples of possible Behavioral Health Board recruitment flyers. They will be sent out to members via email for review.

8. Committee Representatives- Update:

- The MAC meeting was on September 27th. There were no financial decisions made.
- The QST meeting was on October 12th. The main focus of this meeting was Crestwood statistics on the usage of the PHF, psychiatric health facility. This meeting is once a month and rotates between mental health (youth and Adult), substance abuse, and crisis.

9. Member Subject of Interest: Donna Klein

- Donna Klein shared life experiences and her background in behavioral health.

10. Administrator's Report

- Strategic Plan: The youth and adult Capstone Reports feed into the strategic plan. The strategic plan is scheduled to be released in January 2024. The county has a consultant that is conducting focus groups and stakeholder interviews. We are also working on developing new mission and vision statements. In November they will be releasing an employee survey to develop goals and objectives. The focus for our goals and objectives is broken down into five areas: prevention and wellness, community services, intensive outpatient services, acute inpatient services, and substance abuse. Some of these goals are already being worked on.
- The Board of Supervisors passed the ability to assign a 5270 on consent agenda with an implementation date effective January 1, 2024. The 5270 hold is 30 days. The total hold would be a total of 47 days, which can be ended early if necessary. This will remove the temporary conservatorship piece.

11. Presentation: Frank Warren – MHSA Annual Report Draft

- Frank Warren, along with Karina Silva Garcia, Andrew Harris, and Landon King, gave a presentation on the MHSA Annual Report Draft. The Behavioral Health Board has been provided with the draft for review. There will be a vote at the November meeting to pass along to the Board of Supervisors.

12. Adjourn at 4:53pm