**Behavioral Health Board Minutes San Luis Obispo County**

**October 16th, 2024**

**3:00pm**

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| **Members Present** | **Members Absent** |
| Barbara Levenson | Rose Fowler- Plummer |
| Hugo Castaneda | Cen Cal Representative |
| Leslie Brown | Dana Ready-Hunt |
| Amanda Sherlock | Mary Bianchi |
| Amber Gallagher | Sup. Jimmy Paulding |
| Chris Emert | **Health Agency Staff Present** |
| Melissa Cummins | Star Graber |
| Robert Reyes | Kristina Silva Garcia |
| Devon McClellan | Allie Metcalf |
| Robert Crout (for Ian Parkinson) | Christina Rajlal |
| **Guests** | Morgan Torell |
| Terri Houser | Frank Warren |
| Donna Flores | Amanda Getten |
| Trista Ocha | Andrew Harris |
| Brian Atwell | Landon King |
| Mike Bossenberry | Allyson Woolley |
| Demetrio Morales-Salazar | Jalpa Shinglot |
| Jill Bolster White | Kellie Burns |

1. **Barbara Levenson called meeting to order @ 3:04 pm**
2. **Introductions and Announcements:** 
   * Round table introductions.
3. **Public Comments:**
   * Chris Emert from Veterans Services reported on a bit of information from the CAL Vet leadership conference. Unfortunately, our county has the highest veterans suicide rate per capita in the state. In light of this news, they want to give the county 4 million dollars over three years with a 75% match at year three for counselors and therapist. The CAL Vet office can’t take it so there is a need for a nonprofit to apply for the grant and work with the CAL Vet office.
4. **Approval of Minutes:**

Minutes from September 18th, 2024, M/S/C: Leslie Brown / Amber Gallagher Abstain: 1

1. **Ongoing Business:**
   * August’s site visit was to Martha’s Place. It was completed and Rose attended. The site report is on its way.
   * The Behavioral Health Board Informational Video is still in the process of being produced. There is still a need for some board members to volunteer to be filmed. We specifically need a consumer.
2. **New Business:**
   * Amanda Getten presented on the 2024 Data Notebook. This year’s topic was on homelessness within the public behavioral health system. The presentation went over survey details, definitions of homelessness, and information on housing supports (See PowerPoint for more details)
   * A flyer about the Cal BHBC October Meeting was sent out. The meeting is October 18th and 19th with a zoom option. It was encouraged that new and perspective board members attend especially for sessions on how to be an effective board member and chair and admin training.
3. **Membership Committee - Update:**
   * Perspective Board Member Interviews have been scheduled and will be happening over the next few weeks. Those who stepped up to be a part of the interviews were recognized.
4. **Committee Representatives- Update:** 
   * Barbara Levenson attended the QIC Meeting on Mental Health Services. Highlights included new Youth Services clinic locations and Atascadero Adult Mental Health Services expanding and offering services on site in Paso Robles.
   * The Strategic Plan Workgroup had their first meeting. There is an ask for a board member to be an alternate member of the workgroup. The meeting will be quarterly the third week of the first month of the quarter from 10:30-12pm. The next meeting will be January 15th the meetings are on zoom.
   * Star will be on leave from November 1st to December 15th. Deputy Director Frank Warren will be in charge in her absence and will be at the Behavioral Health Board meeting in November.
5. **Administrator’s Report- Star Graber**
   * Morgan Torell came to discuss the BHCIP grant further. The focus is behavioral health inpatient residential treatment beds for both youth and adults. The money from the grant will be for the buildings and the services would be funded by MediCal. The application is due in December and the Behavioral Health team is continuing to work on the plan. A part of the application is letters of support. The letters of support are due by the end of November. The county is asking for a general letter from the Behavioral Health Board as well as letters of support from other organizations. If you need any other information about submitting a letter of support reach out to Allie Metcalf. A motion was made to approve the submission of a letter of support by the Behavioral Health Board M/S/C: Melissa Cummins/ Robert Reyes.
   * The Youth Services clinics that are moving are the South County and the SLO clinic locations. The South County clinic is moving from Arroyo Grande to Grover Beach on Ramona Dr. and will open November 15th. The SLO clinic is moving from Vicente Dr to McMillian Ave near where Martha’s Place is. This site will open sometime in December.
6. **Presentations:** 
   * Sobering Center- Donna Flores and Terri Houser presented on the Sobering Center. The Sobering Center is managed by Good Samaritan who provides many support services throughout the central coast. The presentation discussed the services the Sobering Center provides, the exclusion criteria and provided some data on the first three months of operation (See PowerPoint for details).
   * The MHSA leadership team presented the MHSA Annual Report. A review of the Mental Health Services Act and what it provides was explained. The presentation covered the annual update process, fiscal report, component-based achievements and new plans for the next year. A few data points of highlighted programs were also presented (See PowerPoint for details).

**Reminder:** Next Month Presentation on MHSA Update Vote

**Adjourn at 4:40 pm Mellisa Cummins/ Robert Reyes**

**Next Behavioral Health Board Meeting November 20th, 2024, at 3:00pm**