**Behavioral Health Board Minutes San Luis Obispo County**

**May 15, 2024**

**3:00pm**

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| **Members Present** | **Members Absent** |
| Barbara Levenson | Ian Parkinson |
| Mary Bianchi | Joseph Kurtzman |
| Leslie Brown | Rose Fowler- Plummer |
| Amber Gallagher | Sup. Jimmy Paulding |
| Seleste Bowers (Cen Cal) | Chris Emert |
| Amanda Sherlock | **Health Agency Staff Present** |
| Robert Reyes | Star Graber |
| Devon McClellan | Allie Metcalf |
| Dana Ready-Hunt | Morgan Torell |
| Melissa Cummins | Teresa Pemberton |
| Hugo Castaneda | **Guests** |
|  | Jon Nibbio |
|  | Barry Johnson |

1. **Barbara Levenson called meeting to order @ 3:08 pm**
2. **Introductions and Announcements:** 
   * Round table introductions.
3. **Public Comments:**
   * TMHA in collaboration with Behavioral Health has a few activities for Mental Health Awareness Month. The Opening Minds art show at the Bunker is happening the whole month of May and open houses will be happening at all their wellness centers. Flyers about the open houses will be sent out.
   * NAACP of SLO County is having a Juneteenth celebration June 15th at Mission Plaza in SLO. You can reach out to them at [Naacpslocity@gmail.com](mailto:Naacpslocity@gmail.com) for more information.
4. **Approval of Minutes:**

Minutes from April 17, 2024 M/S/C: Leslie Brown/ Amber Gallagher Abstain: 3

1. **Ongoing Business:**
   * Hugo and Barbara visited SAFE (Services Affirming Family Empowerment) last month. Their site visit report is being worked on and will be coming soon.
   * July’s site visit is to Martha’s Place -Children’s Center. Mary, Rose, and Dana will be attending.
2. **New Business:**
   * There is a need for new locations for upcoming site visits in 2025. The executive committee discussed it and came up with three locations that have not yet been visited. The sites are:
     1. Atascadero Adult and Youth Mental Health Services
     2. SLO South Street: Youth Drug & Alcohol, Prevention & Outreach, and Veterans Services
     3. TMHA Wellness Center or Growing Grounds

If there are any other ideas, please reach out to the executive committee. A sign-up sheet will be passed around in August for people to commit to a site visit.

* + New presentation topics for 2025 are needed as well. The executive committee would like possible presentation topics that would be interesting to the board members. Please reach out via email if you have any thoughts about topics.

1. **Membership Committee - Update:**
   * A vote was made on the Slate of Officers. Nominations were called for from the floor. None where made. A motion was made for the slate for the 2024–2025 year to be approved: M/S/C: Mary Bianchi/ Melissa Cummins Abstain: 0

The 2024-2025 Behavioral Health Board Officers Are:

**Chair:** Barbra Levenson

**Vice Chair:** Mary Bianchi

**Second Vice Chair:** Robert Reyes

* + Membership flyers were passed out to those who asked for them to be printed out. A sign-up sheet will be continued to be passed around if more are needed.

1. **Committee Representatives- Update:**
   * Barbara virtually attended the quarterly CAL BHBC Meeting. The emphasis of this meeting was community defined practices in the form of specialty projects. The groups from all over California had a chance to present their progress and information on their projects. Barbra described a few of the projects to the board.
   * The next CAL BHBC Meeting is in June at Lake Arrowhead. There are opportunities to attend in person and virtually. Hugo and Barbara shared their experiences at previous CAL BHBC meetings.
   * Barbara Levenson attended two QST Meetings. The meting on April 18th focused on mental health. Highlights included an increase of Narcan and fentanyl test strips being provided by the county. The meeting on May 9th was focused on crisis continuum. Highlights included data on the SLO PHF. Their highest admissions are from French Hospital, average age of admission is 39 and there is a correlation between readmission and missed appointments or medication. Residential facilities have waitlists of over 90 days which is a challenge for the county with clients who need extended care.
2. **Administrator’s Report- Star Graber**
   * Star Graber passed around a Sobering Center information sheet. The remodel is still ongoing, and it looks like it will be opening in June. The board of Supervisors approved the lease to Good Samaritan with the funding coming from Cencal. The Sobering Center will allow drop-offs from law enforcement. There are 10-12 beds for those who are 18 years or older. Most clients will be there for around 24 hours with possibility to stay longer.
   * The Welcome Home Village is proposed at the parking lots on the health campus. There will be 80 homes, some transitional housing some permanent housing. The Welcome Home Village is set to be an agenda item at the next Board of Supervisors meeting on May 21st. This project is in collaboration with Social Services, Good Samaritan and the City of San Luis Obispo. If the resolution passes the houses would be built by January.
   * Kingsview is the new DUI provider for the county of San Luis Obispo. The programs have been outsourced and by June all the clients should be transferred over.
   * The Behavioral Health Department has two facilities moving locations. South County Youth Services Mental Health clinic will be moving from Arroyo Grande to Grover Beach. San Luis Obispo Youth Services Mental Health clinic will be moving as well.
   * The Govenor released the State Budget last week. There are still a lot of unknowns. The Board of Supervisors meetings on budget hearings will begin on June 3rd. The Health Agency overall is taking a 2-million-dollar reduction this year for the county's budget. Those two million dollars will not be in staff or county services.
3. **Presentation: CARE Court/ Bridge Housing- Morgan Torell and Teresa Pemberton**
   * Teresa Pemberton Division Manager of Justice Services explained the CARE Court program. This program links individuals who have specific mental health diagnosis to behavioral health services. There is a dedicated team of county behavioral health employees as well as an individualized treatment plan for clients. This program is a civil court and there are no consequences for not participating. These CARE Court participants are prioritized to receive bridge housing. Morgan Torell Behavioral Health Business Analyst described the Bridge housing program including the funding as well as the different kinds of housing. (See PowerPoint for more details).

**Reminder:** Next Month Presentation on Mobile Crisis- Bethany Shakespeare and Josh Simpson

1. **End Of Meeting Discussion:** At the end of the meeting there was a discussion about our meeting in June as it lands on Juneteenth. There was a motion made to look further into rescheduling M/S/C: Mary Bianchi/Seleste Bowers Abstain: 0 After the meeting it was decided that we would not meet in June or July.

**Adjourn at 4:41pm**

**Next Behavioral Health Board Meeting August 21st, 2024, at 3:00pm**