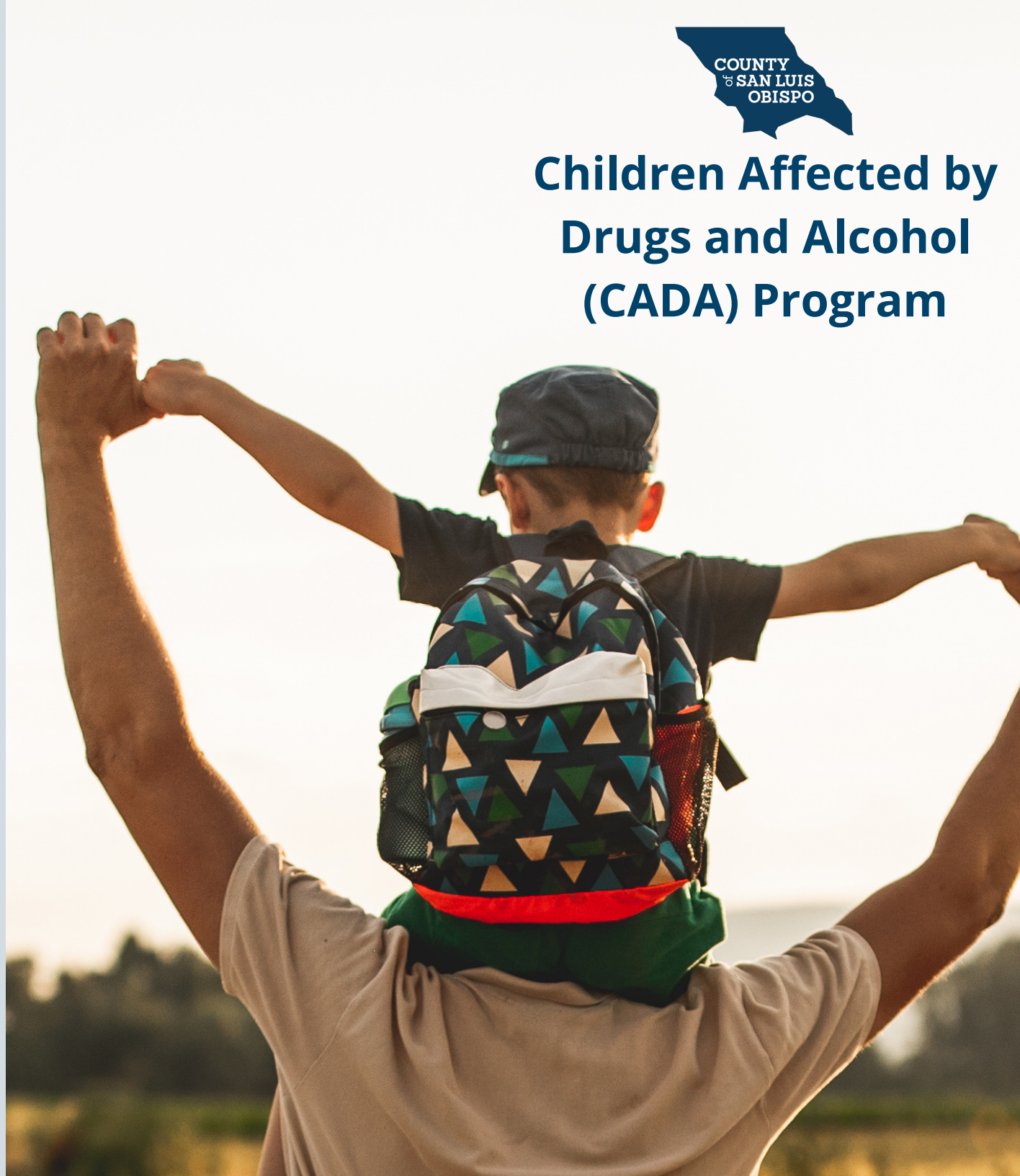




Children Affected by Drugs and Alcohol (CADA) Program



COUNTY OF SAN LUIS OBISPO
BEHAVIORAL HEALTH DEPARTMENT

www.slobehavioralhealth.org
1-(800)-838-1381

About the Program

The Children Affected by Drugs and Alcohol (CADA) program provides support to parents and children while they adopt healthy lifestyles in recovery. CADA staff, treatment staff, and social workers offer helping hearts, hands, and minds to support parents during their reunification journey. Services include:

- Celebrating Families Class
- Individualized parenting education, coaching, and feedback
- Therapeutic services

Celebrating Families

The Celebrating Families is a 16-week class that provides activities, discussion, and education aimed at increasing protective factors and reducing risk factors for families in recovery. The class covers a wide range of topics including:

- Nutrition
- Decision making and goal setting
- Facts about alcohol and drugs
- Healthy communication, feelings, and anger management
- Safe and healthy boundary setting



Program Benefits

CADA benefits may include a higher rate of reunification, stronger relationships within the family, improvement in access to housing, and lower rates of relapse.

Participation in the Celebrating Families class leads to healthy living and recovery benefits for the entire family. Research suggests that the Celebrating Families program strengthens healthy family functioning.

Admission Criteria

Parents with children ages birth to 17 who live in San Luis Obispo County can enroll in CADA. Parents are welcomed to enroll even if they do not currently live with their children. Parents in Family Treatment Court (FTC) are strongly encouraged to participate. Grandparents and other relatives who have an important relationship with the child(ren) are also welcome to enroll in the program.

Start Today

Call any of the Drug and Alcohol Service clinics listed below to make an appointment:

San Luis Obispo

2180 Johnson Avenue
805-781-4753

Grover Beach

1523 Longbranch Avenue
805-473-7080

Atascadero

3556 El Camino Real
805-461-6081

Paso Robles

805 E. 4th Street
805-226-3201

The CADA program is provided at no cost to participating clients and their family members. Funding for the CADA program is provided by a grant from the Office of Juvenile Justice & Delinquency Prevention.

