



Prevention & Early Intervention (PEI) Program



Steps to Services

How do you get involved in PEI services?

- Services are free to anyone
- Talk to your administration, school counselor, or teacher to be referred to PEI services.

More Information

SLO County Behavioral Health Prevention and Outreach Division

277 South Street, Suite T
San Luis Obispo, CA 93401
(805) 781-4754



COUNTY OF SAN LUIS OBISPO
BEHAVIORAL HEALTH DEPARTMENT

www.slobehavioralhealth.org
1-(800)-838-1381

COUNTY
OF SAN LUIS
OBISPO



PEI Team:

Student Support Counselors

The PEI Counselor helps students who are dealing with a variety of personal problems, including those related to conflict with others, depression, anxiety, grief, recent life changes, alcohol and/or drug use, etc. Counselors provide Individual and group counseling to students in need. They are able to make student and family referrals to a variety of community organizations.

Counselors can provide:

- Life skills training
- Interventions for at-risk behaviors
- Education through community and social service agencies
- Violence prevention strategies
- Decision-making and conflict resolution skills



Family Advocates

The LINK family advocates work within the school system to support families in need and help families throughout the social services network and across social, cultural, and economic boundaries. Family advocates provide direct contact with families and build trust to identify the individual needs of each family they serve.



Friday Night Live

Friday Night Live (FNL) is a club on campus, open to any student at the school who wishes to make positive changes on campus and in their community.

FNL fosters an environment that encourages supporting and healthy relationships. The club provides education and resources regarding tobacco, drugs, alcohol, and other issues.

About the Program

Prevention and Early Intervention (PEI) aims to promote emotional wellness and identify students that may be in need of helping services. The PEI Program is not a disciplinary program, but rather a voluntary program in which anyone can refer students to.

Do you see your child showing these behaviors?

- Withdrawing from family, friends, or school,
- Changing friends; no longer spends time with old friends,
- Unexplained physical injuries,
- Talking about suicide, or signs of depression,
- Defying authority, both at home and at school,
- Acting aggressively or lying,
- Needing money without an explanation
- Sudden drop in grades or
- Experimenting with drugs or alcohol.