

# MOBILE CRISIS RESPONSE TEAM (MCRT)

Get Help for Alcohol, Drug, or Mental Health Crisis

## MCRT:

The Mobile Crisis Response Team (MCRT) program offers 24/7 mobile support to people experiencing a mental health or substance use related crisis where they are, when they need it.

Available countywide and to people of all ages, MCRT is an alternative to law enforcement response with teams comprised of behavioral health experts who are trained to respond in the community and de-escalate crises related to alcohol, drugs, or mental health conditions.

## How can I access MCRT?

MCRT is deployed through calls made to the 24/7 Central Coast Hot Line (800-783-0607) or emergency services. Trained dispatchers will assess the situation for risk and safety through a series of questions and will determine if MCRT or another crisis intervention or response service should be sent out.

If MCRT is deployed, a team will come to the requested location in a marked "MCRT" vehicle. A team including a licensed mental health clinician, case manager, and peer support specialist will talk to you and determine how to best assist and connect you with the right resources.



COUNTY  
of SAN LUIS  
OBISPO



Community call is received by MCRT or emergency services

Triage by an MCRT emergency services dispatcher

Appropriate response team is dispatched

If you are not sure what to do or what you need, call the ACL to talk to an experienced counselor. For more information on MCRT including Frequently Asked Questions, visit [www.incertwebpagehere.gov](http://www.incertwebpagehere.gov)

Connect to  
Resources

24/7 Central Coast Hot Line  
(800-783-0607) or emergency services