



SAN LUIS OBISPO COUNTY
BEHAVIORAL HEALTH DEPARTMENT



WELLNESS • RECOVERY • RESILIENCE

PREVENTION AND EARLY INTERVENTION

AGENDA

- Welcome & Introductions, Goals for meeting
 - Nestor Veloz-Passalacqua, SLOBHD
- PEI Review
- PEI Programs
- PEI Program Highlight
 - LGBTQ Needs Assessment
- PEI State Vision
 - SB 1004
- PEI Program Update
 - Cuesta College Successful Launch
- PEI Budget
- PEI New Business
- Conclusion



PEI

- Regulations promulgated in October 2015
- PEI is 19% of the county's MHSA allocation
- At least 50% of county's PEI expenditures are delivered to children and youth
 - Our County is well above the 50% (RER has the percentage)
- Counties report to the State their PEI Program and Evaluation Report by June 30th for the previous FY
 - We report to the State in December of every year
- Demographics and Referral and Screening tools have been put in place



PEI Programs

WORK PLAN I

- Prevention Program
 - Positive Development
 - Family Education, Training, and Support
 - Middle School Comprehensive Program
 - In-Home Parent Educator
 - Cuesta College Successful Launch



PEI Programs

WORK PLAN II

- Early Intervention Program
 - Community Based Therapeutic Services
 - Integrated Community Wellness Advocates
 - Young Adult Counseling

WORK PLAN III

- Outreach for Increasing Recognition of Early Signs of Mental Illness
 - Perinatal Mood Anxiety Disorder (PMAD)



PEI Programs

WORK PLAN IV

- Access and Linkage to Treatment Program
 - Older Adults Mental Health Initiative

WORK PLAN V

- Stigma and Discrimination Reduction Program
 - Social Marketing Strategy – Community Outreach & Engagement
 - College Wellness Program



PEI Programs

WORK PLAN VI

- Improve Timely Access to Services for Underserved Populations Program
 - Veterans Outreach Program

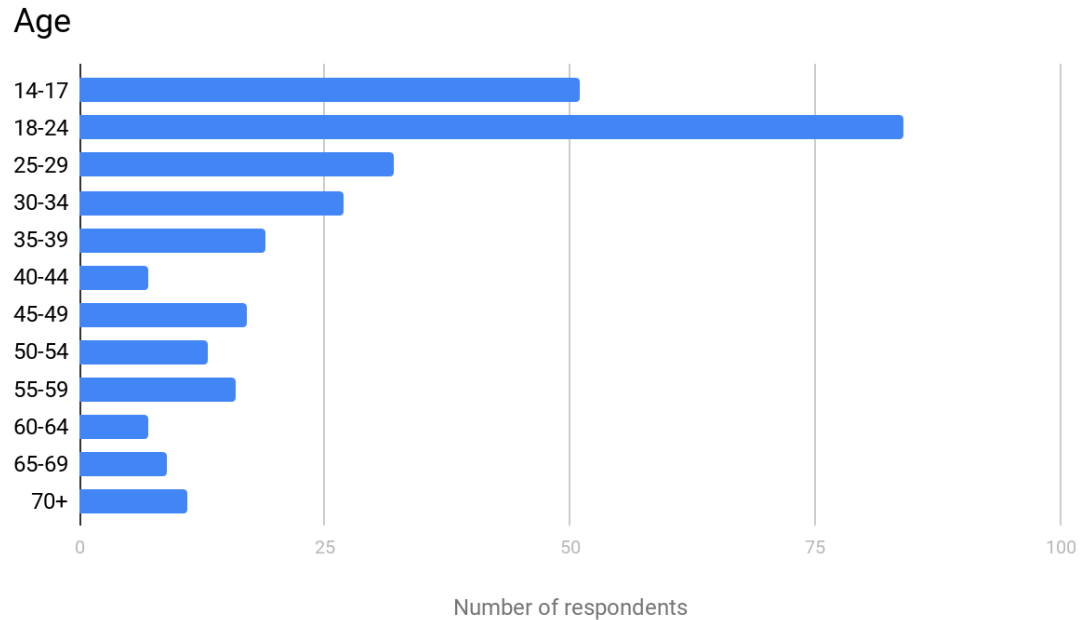
WORK PLAN VII

- Suicide Prevention Program
 - Suicide Prevention Coordinator



PEI Programs

- LGBTQ Needs Assessment – Ends in June, 30th 2019
 - Location of Residence n=425
 - Santa Maria 1.9%
 - North Coast 16.8%
 - South County 21.2%
 - North County 22.5%
 - City of San Luis Obispo 37.7%



PEI Programs

- LGBTQ Needs Assessment – Ends in June, 30th 2019
 - Gender Identity
 - Questioning or unsure 2.8%
 - Transgender woman 4.5%
 - Transgender man 5.9%
 - Genderqueer/Non-binary 12.2%
 - Male 27.2%
 - Female 47.4%
 - Sexual Orientation
 - Questioning or unsure 3%
 - Straight 1.9%
 - Asexual 3.7%
 - Queer 7.9%
 - Pansexual 16.6%
 - Bisexual 22.4%
 - Lesbian 20.8%
 - Gay 23.6%



PEI Programs

- LGBTQ Needs Assessment – Ends in June, 30th 2019
 - Race & Ethnicity
 - Identity not listed 1.9%
 - White 67.9%
 - Middle Eastern/North African 0.6%
 - Native American 0.3%
 - Latino/Latinx/Hispanic 7.9%
 - Asian/Asian American 3.5%
 - More than one Race 17.9%



PEI State Information

- SB 1004
 - Creates a more focused approach for PEI
- On or before January 1, 2020 the OAC shall establish priorities for the use of PEI funds. These priorities include:
 - **Childhood trauma prevention and early intervention**
 - **Early psychosis and mood detection**
 - **Youth outreach and engagement targeting secondary schools**
 - **Older adults**



PEI Program

- Cuesta College Successful Launch
 - Serve at-risk SLO county youth ages 16-25 (TAY)
 - Attending community continuation or other non-traditional schools, high schools drop outs, or involved in the juvenile justice system
 - Facing behavioral health challenges, experiencing homelessness, or otherwise at-risk.
- Provide developmental opportunities and support
- Navigating the legal system, accessing medical care, food, basic living needs, education, literacy workshops, and more.
- Access to post-secondary and technical education, supported employment placement
- Job search, resume assistance, and life-learning skills



PEI Program

- Challenge to find a stable and secure venue to establish the services
- Pacific Beach is the only current school where the program maintains a stronghold and in depth application providing services to youth.
- Reduction to the program – costs and the capacity
 - One location: Pacific Beach
 - 1 Successful Launch Staff (Vocational Workshop Presenter)
 - 40 youth served annually
 - Reduces the scope and maintains outcomes
 - \$30,725 (estimated)



PEI Budget

- FY 19-20
 - \$150k to add (Young Adult Counseling)
- FY 19-20 Cuesta College Successful Launch savings
 - \$104k
- **Total Estimate FY 19-20:**
 - **\$254,000**



PEI

- New Business
 - \$254,000 Plan out use of funding
 - \$11,000 School Summit/Needs Assessment
 - Next PEI Meeting – August 6th 3-4pm
 - PEI Summit – more information coming soon



PEI

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