
January 30, 2019

Talk Saves Lives, AFSP

Veteran's Memorial Building

1. SPC Facebook Page is LIVE!

- @SPC.SLO
- Mental health promotion and suicide prevention data, articles, information, events

2. Suicide Prevention Council Email

- Suicidepreventioncouncilslo@gmail.com

3. Journey of Hope

- February 6
- 6-8pm @ New Life Community Church in Pismo Beach (See Flyer)

4. Data Collection & Strategic Plan

- 2008-2018
 - Still waiting for 2018 data
 - Will send out report to active Council members of 2005-2017 data upon request

5. Funding

- Proposed to Cal Poly Fraternity Philanthropy Opportunity

6. Council Committee Reports

- Older Adult Suicide Prevention Committee
 - Newsletter of Hope
 - Workshop Calendar
 - APS education workshop, Caretaker workshop, Cultural Competence, QPR
- Eating Disorder Suicide Prevention Committee
 - Tabling at Journey of Hope
 - Did you Know? Campaign

7. Suicide Prevention Forum 2019

- October 2nd and 3rd
- The "S Word"
 - Panel with the film's director, AFSP representative, Attempt and/or Loss survivor, an individual who has experienced suicidal ideation but has not had an attempt, mental health specialist/therapist.

- Sponsors: County Behavioral Health & TMHA/PAAT (Still looking for additional sponsors)
- Two locations, San Luis Obispo & Paso Robles

8. Upcoming Meetings: 4th Wednesday of the month @ County Behavioral Health, 277 South Street Suite T, SLO 93401

- February 27, 3:00-4:30
 - Council updates
 - Look at local data as a group & work to identify key activities for each at-risk population
- March 27, 3:00-4:30
 - Presentation/training from Sierra Mental Wellness:
 - Mental Health Evaluation Team
 - Crisis Stabilization Unit
- April 24, 3:00-4:30
 - Council updates
 - Suicide Prevention Forum planning team
 - Outside presenters TBD.
- May 22, 3:00-4:30
 - Council updates
 - *Other Topics TBD*
- June 26, 3:00-4:30
 - Council updates
 - *Other Topics TBD*

Suicide Prevention of SLO County Mission Statement: To prevent suicide and respond to the consequences in a culturally sensitive way through community collaboration between agencies, organizations, and citizens by means of public education, training, and the sharing of resources.

- To advocate for a stronger support system for those struggling with suicide and its consequences
- TO challenge misconceptions regarding mental illness and suicide through community collaboration.
- To work together to create lasting change and support for those struggling with suicide and its consequences.
- To create a community that supports and embraces those who struggle with suicide.
- To create an environment of HOPE.

