



**San Luis Obispo Suicide Prevention Council Meeting
September 23, 2020 3:00pm**

Zoom Link:

<https://slohealth.zoom.us/j/96889889205?pwd=U3NNVW5SazM1U1ZpRnNXMmVUZnR4dz09>

Meeting ID: 968 8988 9205

Passcode: 171149

- I. Welcome & Announcements
- II. Breakout Groups
 - a. What is one thing you have been able to do to take care of yourself during the past 6 months
- III. Forum and Summit Recap
 - a. Dese'Rae video
- IV. "Ready to Care"
 - a. Tiffany Terra from Home Instead Senior Care
- V. Roundtable Share: September 2020
- VI. Interest in firearm safety presentation/workshop & loss survivor outreach team for October meeting?

Council Membership

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Access Support Network
Adult Protective Services
AFSP
Area Agency on Aging
Aspire Counseling
Cal Poly
County Behavioral Health
Cuesta College Health Services
Family Care Network
GALA Pride & Diversity Center
Home Instead Senior Care
Hospice of SLO County
LGBTQ+ Mental Health Task Force of SLO County
NAMI
RISE
Sierra Mental Wellness Group
SLO Hotline
Stand Strong
Suicide Loss, Health, and Empowerment Support Group
TMHA
VA Vet Center
Veteran Services Collaborative
Veteran Services Office
Wilshire Hospice Bereavement