

# Resources

## DRUG & ALCOHOL SERVICES

SAN LUIS OBISPO ADULT  
2180 Johnson Ave  
San Luis Obispo, CA 93401  
805-781-4275  
[Website](#)

SAN LUIS OBISPO YOUTH  
277 South St., Suite T,  
San Luis Obispo, 93401  
805-781-4754  
[Website](#)

PASO ROBLES ADULT  
805 4th St  
Paso Robles, CA 93446  
805-226-3200  
[Website](#)

ATASCADERO ADULT  
3556 El Camino Real  
Atascadero, CA 93422  
805-461-6080  
[Website](#)

GROVER BEACH ADULT  
1523 Longbranch Ave  
Grover Beach, CA 93433  
(805) 473-7080  
[Website](#)

PREVENTION & OUTREACH  
277 South St  
San Luis Obispo, CA 93401  
805-781-4754  
[Website](#)

## MENTAL HEALTH SERVICES

SAN LUIS OBISPO YOUTH 0-5  
MARTHA'S PLACE  
CHILDREN'S ASSESSMENT  
CENTER  
2925 McMillan Avenue Suite  
108  
San Luis Obispo, CA 93401  
805-781-4948  
[Website](#)

SAN LUIS OBISPO YOUTH  
1989 Vicente Avenue  
San Luis Obispo, 93401  
805-781-4179  
[Website](#)

SAN LUIS OBISPO ADULT  
2178 Johnson Avenue  
Paso Robles, CA 93446  
805-781-4700  
[Website](#)

SAN LUIS OBISPO  
PSYCHIATRIC HEALTH  
FACILITY  
2178 Johnson Avenue  
San Luis Obispo, CA 93401  
805-781-4711  
[Website](#)

CRISIS STABILIZATION UNIT  
2180 Johnson Avenue  
San Luis Obispo, CA 93401  
805-781-4275  
[Website](#)

ARROYO GRANDE YOUTH  
345 S. Halcyon Road  
Arroyo Grande, CA 93420  
805-473-7060  
[Website](#)

ARROYO GRANDE ADULT  
1350 East Grand Avenue  
Arroyo Grande, CA 93420  
805-474-2154  
[Website](#)

ATASCADERO YOUTH AND  
ADULT  
5575 Hospital Drive  
Atascadero, CA 93422  
805-461-6060  
[Website](#)

SERVICES AFFIRMING  
FAMILY EMPOWERMENT  
(SAFE)  
[Website](#)

## RESOURCES IN THE COMMUNITY

ACCESS SUPPORT NETWORK  
(ASN)  
1320 Nipomo St  
San Luis Obispo, CA 93401  
805-781-3660  
[Website](#)

# Resources (continued)

## RESOURCES IN THE COMMUNITY (CONTINUED)

|  |   |   |
|--|---|---|
| ASPIRE COUNSELING SERVICES<br>865 Aerovista Suite 130<br>San Luis Obispo, CA 93401<br>888-585-7373<br><a href="#">Website</a>                    | CENTRAL COAST INTERGROUP (ALCOHOLICS ANONYMOUS)<br>1333 Van Beurden Drive<br>Los Osos, CA 93402<br>805-541-3211<br><a href="#">Website</a>                              | THE GALA PRIDE AND DIVERSITY CENTER<br>1060 Palm St<br>San Luis Obispo, CA 93401<br>805-541-4252<br><a href="#">Website</a>                 |
| ATASCADERO - THE LINK FAMILY RESOURCE CENTER<br>4507 Del Rio Ave. Building #1<br>Atascadero, CA 93422<br>805-794-0217<br><a href="#">Website</a> | COMMUNITY ACTION PARTNERSHIP OF SAN LUIS OBISPO (CAPSLO)<br>1030 Southwood Dr<br>San Luis Obispo, 93401<br>805-544-4355<br><a href="#">Website</a>                      | HOSPICE OF SLO COUNTY<br>1304 Pacific St<br>San Luis Obispo, CA 93401<br>805-544-2266<br><a href="#">Website</a>                            |
| CAL POLY COUNSELING SERVICES (STUDENTS ONLY)<br>1 Grand Ave, Building 27<br>San Luis Obispo, CA 93405<br>805-756-2511<br><a href="#">Website</a> | COPE INTENSIVE OUTPATIENT PROGRAM<br>628 California Blvd. Suite A<br>San Luis Obispo, CA 93401<br>805-541-9113<br><a href="#">Website</a>                               | LUMINA ALLIANCE<br>51 Zaca Lane, Suite 150<br>San Luis Obispo, CA 93401<br>805-545-8888<br><a href="#">Website</a>                          |
| CENTER FOR FAMILY STRENGTHENING (CFS)<br>3480 Higuera St, Suite 100<br>San Luis Obispo, CA 93401<br>805-543-6216<br><a href="#">Website</a>      | CUESTA COLLEGE MENTAL HEALTH SERVICES (STUDENTS ONLY)<br>Building 3100, Room: 3150<br>Highway 1<br>San Luis Obispo, CA 93405<br>805-546-3171<br><a href="#">Website</a> | PASO ROBLES - COMMUNITY COUNSELING CENTER<br>1035 Vine Street, Suite #A<br>Paso Robles, CA 93446<br>805-543-7969<br><a href="#">Website</a> |
| CENTRAL COAST AREA NARCOTICS ANONYMOUS<br>800-549-7730<br><a href="#">Website</a>  | FAMILY CARE NETWORK<br>1255 Kendall Rd<br>San Luis Obispo, CA 93401<br>805-781-3535<br><a href="#">Website</a>  | PASO ROBLES - THE LINK FAMILY RESOURCE CENTER<br>1802 Chestnut Street<br>Paso Robles, CA 93446<br>805-794-0217<br><a href="#">Website</a>   |

# Resources (continued)

## RESOURCES IN THE COMMUNITY (CONTINUED)

SAN LUIS OBISPO -  
COMMUNITY COUNSELING  
CENTER  
676 Pismo St  
San Luis Obispo, CA 93401  
805-543-0859  
[Website](#)

TRANSITIONS-MENTAL  
HEALTH ASSOCIATION  
784 High St  
San Luis Obispo, CA 93401  
805-540-6500  
[Website](#)

WILSHIRE COMMUNITY  
SERVICES  
285 South St, Suite J  
San Luis Obispo, CA 93401  
805-547-7025  
[Website](#)

## CRISIS RESOURCES VIA PHONE

CENTRAL COAST HOTLINE  
800-783-0607  
[Website](#)

CRISIS TEXT LINE  
Text 'HOME' to 741-741  
[Website](#)

FRIENDSHIP LINE (PEOPLE  
AGED 60+)  
800-971-0016  
[Website](#)

LUMINA ALLIANCE 24 HOUR  
CRISIS LINE (FOR SURVIVORS  
OF SEXUAL/INTIMATE  
PARTNER VIOLENCE)  
805-545-8888  
[Website](#)

NATIONAL SUICIDE  
PREVENTION LINE  
988  
[Website](#)

NATIONAL ALLIANCE ON  
MENTAL ILLNESS (NAMI)  
HELPLINE  
1-800-950-6264  
Text 'NAMI' to 741-741  
[Website](#)

SLO COUNTY MENTAL  
HEALTH EVALUATION TEAM  
(MHET)  
800-838-1381  
[Website](#)

SUBSTANCE ABUSE AND  
MENTAL HEALTH SERVICES  
ADMINISTRATION (SAMHSA)  
NATIONAL HELPLINE  
1-800-622-4357  
[Website](#)

TREVOR LIFELINE (LGBTQ+  
YOUTH)  
1-866-488-7386  
Text 'START' to 678-678  
[Website](#)