San Luis Obispo County Public Health Department

Protocol #619

Effective Date: 01/01/2025

Division: Emergency Medical Services Agency

SHOCK (MEDICAL) - HYPOTENSION/SEPSIS	
ADULT	PEDIATRIC (≤34 KG)
BLS	
 Universal Algorithm #601 Pulse Oximetry 02 administration per Airway Management Protocol #602 Place in supine position if tolerated 	Same As Adult nal Scope
Pulse Oximetry - O2 administration per Airway Management Policy # 602	
ALS Standing Orders	
SBP < 100 mmHg or other signs of hypotension Normal Saline 500 mL IV/IO Repeat x1 if hypotension persists Consider establishing secondary IV access Consider 12-lead ECG If shock is due to trauma refer to General Trauma Protocol #660 Persistent Hypotension Push-Dose Epinephrine 10mcg/mL 1 mL IV/IO every 1-3 minutes Repeat as needed titrated to SBP >90mmHg See notes for mixing instructions OR Epinephrine Drip starting at 10mcg/min IV/IO infusion Consider for extended transport See formulary for mixing instructions	Signs of hypotension specific to age - see Universal Protocol #601 Attachment A • Normal Saline 20 mL/kg IV/IO not to exceed 500 mL - Repeat x1 if hypotension persists • Consider establishing secondary IV access • If shock is due to trauma refer to General Trauma Protocol #660
Base Hospital Orders Only	
As needed	As needed
Notes • Mixing Push-Dose Epinephrine 10 mcg/mL (1:100,000): Mix 9mL of Normal Saline with 1mL of	

Epinephrine 1:10,000, mix well Fluids should always be given prior to initiating Push-Dose Epinephrine

- Consider the underlying causes of shock
- Use caution with fluid challenges if signs of CHF of liver or renal failure
- Keep patient warm
- Treatable/Reversible considerations:
 - Hypoxemia

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- Tachycardia/Bradycardia
- Hyper/Hypothermia
- Hypovolemia
- Altered Mental Status
- Fractures/Bleeding/Tension Pneumothorax
- Anaphylaxis
- Chest pain
- Overdose