County of San Luis Obispo Public Health Department

Division: Emergency Medical Services Agency

Effective Date: 01/01/2025

NEEDLE THORACOSTOMY	
ADULT	PEDIATRIC (≤34KG)
BLS	
Universal Protocol #601	
BLS Optional	
Pulse Oximetry – O ₂ administration per Airway Management Protocol #602	
ALS Standing Orders	
• Locate mid-clavicular 2 nd intercostal space of	r mid-axillary 4 th intercostal space on affected side
Prep site with povidone-iodine and alcohol	
• With syringe attached, insert large bore IV catheter (maximum 10 Ga.) at a 90° angle slightly	
superior to the rib	
Once in the pleural space diminished resista	nce should be noted with air and/or blood return
Holding the needle, advance the catheter and remove the needle allowing pressure to be relieved	
 Secure the catheter and provide for a one-way valve 	
Assess and reassess lung sounds	
Base Hospital Orders Only	
As needed	
Notes	
Indication: Tension pneumothorax with significant respiratory compromise, traumatic cardiac arrest.	
 Signs and symptoms may include: 	
 Deteriorating respiratory status 	
 Decreased SBP, increased pulse 	
 Diminished lung sounds on affected 	side
 Jugular vein distension 	
• Hyper-resonance to percussion on a	
 Tracheal shift away from affected side 	
 Increased resistance with ventilation 	n (BVM, ET)
Equipment	
• Large IV catheter (10-12 Ga.) with a	syringe
• One-way valve i.e. Asherman Seal	
• Antiseptic products, povidone-iodine	
• Indication: Trauma patients who arrest after EMS arrival on scene and < 20 min from trauma center	
or hospital, with the suspicion of chest traun	na, pertorm bilateral needle thoracostomy.