



COUNTY OF SAN LUIS OBISPO HEALTH COMMISSION AGENDA

Monday, January 13, 2020 – 6:00 P.M.

County Government Center

Board of Supervisors Chambers

1055 Monterey Street | San Luis Obispo, CA 93408

- 6:00 p.m.** **1. Call to Order – Chair, Mary Jean Sage**
- 6:05 p.m.** **2. Public Comment:** *persons desiring to speak on issues, other than scheduled items, that are within the scope of interest to the Health Commission*
- 6:10 p.m.** **3. Consent Items:**
3.1 Approve the meeting minutes from December 9, 2019
3.2 Approve the Letter of Support to the County of San Luis Obispo for two proposed Smoking Ordinances
3.3 Approve the Revised Letter of Support to the City of Morro Bay for a proposed Smoking Ordinance
- 6:15 p.m.** **4. Information Item: Receive Update on Topics from Previous Meetings**
- 6:20 p.m.** **5. Presentation: California Complete Count-Census 2020**
Patricia Vazquez Topete, Regional Program Manager, California Complete Count-Census 2020
- 6:50 p.m.** **6. Presentation: Mental Health Continuum of Care/Post-Partum Depression**
Christie Streeper
Angela Halusic, OB, Tenet Healthcare
Brooke Treanor, RN, BS, County of San Luis Obispo Public Health Department
Calandra Park, MSW, RN, Dignity Health
Michelle Blanc, LCSW, Tenet Healthcare
- 7:40 p.m.** **7. Health Agency / Public Health Report**
Penny Borenstein, MD, Health Officer/Public Health Director
- 8:00 p.m.** **8. Health Commissioner Updates**
- 8:15 p.m.** **9. Committee Reports**
a. Budget
b. Legislative
c. Community Education
d. Nominating
- 8:25 p.m.** **10. Prospective Future Items**
- 8:30 p.m.** **11. Adjournment**

Next Meeting: March 9, 2020, at 6:00 p.m.

**County Government Center, Board of Supervisors Chambers
1055 Monterey Street, San Luis Obispo, CA**

All persons desiring to speak during public comment or item specific comment will be limited to three (3) minutes per person. Additional information regarding any items listed on today's agenda can be obtained from the Health Commission Secretary at the Public Health Department located at 2191 Johnson Ave, San Luis Obispo. All times shown in the margin adjacent to the numbered items are estimated and are not to be considered a time guarantee.

The County Health Commission's monthly agenda and minutes can be accessed at www.slopublichealth.org. Meetings are broadcast live by the SLO-SPAN network, Cable Channel 21.

Para personas quienes necesiten un intérprete (en español) para hacer una presentación a la comisión, por favor llame al Teléfono 805-781-5520. Se hará todo lo posible para proveer este servicio.

**COUNTY OF SAN LUIS OBISPO
HEALTH COMMISSION**

Retreat & Planning Meeting Minutes

Monday, December 9, 2019

County of San Luis Obispo Public Health Department
2191 Johnson Ave, San Luis Obispo, CA

Members Present: Mary Jean Sage, Jean Raymond, Robert Campbell, Catherine Shipp, Susan Warren, Amy Kleinman, Ginger Cochran, and Tamar Sekayan

Members Absent: Candace Winstead

Staff: Penny Borenstein, M.D. and Michael Coughlin

Agenda Item	Discussion	Action	Who/When
1. Call to Order	<p>Mary Jean Sage (Chairperson) called the meeting to order at 6:10 p.m. <i>Quorum Established</i></p> <p>The Health Commission observed a moment of silence on behalf of Kathleen Karle at the request of Chairperson Sage.</p> <p>Chairperson Sage noted that Commissioner Jinah Byram had resigned from the Health Commission effective December 9, 2019.</p>	<i>Call to Order</i>	<i>Chair Sage</i>
2. Public Comment:	Chairperson Sage opened the floor to public comment without response.		
3. Consent Items:	<p>3.1 Approve the Meeting Minutes from November 18, 2019</p> <p>3.2 Approve Health Commission Meeting Schedule for the 2020 Calendar Year</p> <p>The Health Commission approves consent item 3.1 and 3.2.</p> <p>Motion: Jean Raymond 2nd: Robert Campbell Result: Approved – Unanimous</p>	<p><i>Approved</i></p> <p><i>Approved</i></p>	<p><i>Unanimous</i></p> <p><i>Unanimous</i></p>
4. Commissioner Announcements / Updates:	<p>Chairperson Sage – Noted that the letters of support, approved at the November meeting, were received well by the cities of Morro Bay and Arroyo Grande.</p> <p>Commissioner Raymond – Spoke about the Age-Friendly Health Systems initiative, providing the Health Commission with a handout which is available as an addendum to the agenda.</p> <p>Commissioner Sekayan – Mentioned that she is taking part in a focus group related to First 5 San Luis Obispo County.</p>		

	Commissioner Campbell – Inquired as to the status of planned vaping related ordinances mentioned during the November meeting. Penny Borenstein, MD, Health Officer/Director for the County of San Luis Obispo Public Health Department, stated that the two ordinances will be introduced on the consent agenda at the December 10, 2019 meeting of the Board of Supervisors with a public hearing date scheduled for January 14, 2020.		
5. Adjournment for Dinner Break:	Chairperson Sage adjourned the meeting at 6:32 p.m. to allow for a dinner break.	<i>Adjournment</i>	<i>Chair Sage</i>
6. Reconvening	Chairperson Sage reconvened the meeting at 7:00 p.m.	<i>Reconvening</i>	<i>Chair Sage</i>
7. Review and Appointments of Liaisons to County Advisory Committees	The Health Commission adopted revisions to Commissioner appointments as liaisons to County advisory committees/bodies as noted in attachment “A”.		
8. Discuss Appointments to Health Commission Standing Committees	The Health Commission made no revisions to Commissioner appointments to its standing committees as noted in attachment “B”.		
9. Discuss Recruitment for Health Commission Seat Vacancies	Chairperson Sage stated that the Health Commission has a total of two vacancies as noted in attachment “C”, requesting assistance from the Commissioners in identifying and recruiting prospective candidates.		
10. Discuss and Plan Health Commission Agenda Topics for the 2020 Calendar Year	The Health Commission approved updates to the meeting agenda topics schedule for the 2020 calendar year as noted in attachment “D”.		
11. Adjournment	Meeting was adjourned at 8:25 p.m.	<i>Adjournment</i>	<i>Chair Sage</i>
Next Meeting	January 13, 2019, at 6:00 p.m. County Government Center, Board of Supervisors Chambers 1055 Monterey Street, San Luis Obispo, CA		

I, Michael J. Coughlin, Clerk of the County of San Luis Obispo Health Commission, do hereby certify that the forgoing is a fair statement of the proceedings of the meeting held on Monday, December 9, 2019 by the County of San Luis Obispo Health Commission.

Michael J. Coughlin, Administrative Services Officer
Dated: December 30, 2019

San Luis Obispo County Health Commission
Liaisons to Advisory Bodies
(Changes Noted in Red)

Item 3.1
Attachment A

Advisory Body	Meeting day/time	Meeting Location	Contact Person	Health Commission Liaison
Suicide Prevention Council	Last Wednesday of the month at 3:00	Varies	Alysia Hendry, M.S.	Catherine Shipp
Opioid Safety Coalition	Every other month	SVRMC/Auditorium	Jennifer Rhoads	Candace Winstead
SART Advisory Board	Every other month 3 rd Thursday, 8:30 am	Health Campus Annex Red Room	Susan Lamont - RISE	Tamar Sekeyan Robert Campbell (alternate)
Oral Health Coalition Subgroup: Action/Prevention	Every other month: 1 st Tuesday, 12:00 noon	Health Campus/Annex Red Room	Barbara Morrow	Catherine Shipp
Tobacco Control Coalition	Every other month: 3 rd Tuesday, 12:15 pm	Health Campus Annex Red Room	Inger Appanaitis	Robert Campbell
Intimate Partner Violence Coalition (IPVC)	Every other month: 3 rd Wednesday, 8:30 am	DA's Office	Diana McPartlan	Tamar Sekayan
Adult Services Policy Council	1 st Friday, 9-11:00 am No meeting in July	SLO Vets Hall	Emma Caballero-Fred Monroe	Jean Raymond
SLO Commission on Aging	Monthly on 3 rd Friday	SLO Vets Hall	Kathleen Bellefontaine Maryanne Zarycka and Anita Hill Co-Chairs	Jean Raymond
Preventive Health Grant Advisory	Weekly meetings (Feb – Mar)	Gov't Center, 4 th Floor	Nikki Schmidt	Mary Jean Sage Catherine Shipp
SLO County Disaster Healthcare Coalition (SLO-DHCC – formerly PHEPAC)	Quarterly 1 st Thursday 10:30 am	CHP Coastal Division Office Headquarters on Broad Street	Elizabeth Merson-Denise Yi	Mary Jean Sage
First 5 SLO	4 th Wednesday, 3:00pm	COE, Hwy 1, SLO	Wendy Wendt	Susan Warren/ Ginger Cochran
HEAL SLO	Quarterly	Health Campus	Kayla Rutland	Mary Jean Sage
Healthy Communities Workshop	First Thursday of the Month	Red Room	Kayla Rutland	Amy Kleinman
Homeless Services Oversight Council	Monthly 3 rd Wednesday; 1:30 pm to 3:00 pm	Vets Hall	Laura Weir	Susan Warren
Care Coordination Coalition	3 rd Friday from 12:00 pm to 2:00 pm every other month	CAPSLO 1030 Southwood Drive	Michelle Shoresman	Susan Warren

Updated December 2019

Note: Meeting times & locations may change

San Luis Obispo County Health Commission
Committee List 2019-20

Executive	Legislative	Budget	Nominating	Community Education
Mary Jean Sage	Amy Kleinman (Chair)	Susan Warren (Chair)	Jean Raymond (Chair)	Tamar Sekayan (Chair) Candace Winstead (Chair)
Robert Campbell	Jean Raymond	Robert Campbell	Tamar Sekayan	
Jean Raymond			Candace Winstead	
Tamar Sekayan			Catherine Shipp	
Susan Warren				
	Mary Jean Sage (ex-officio)	Mary Jean Sage (ex-officio)		Mary Jean Sage (ex-officio)

HEALTH COMMISSION SEATS

Last Name	First Name	Seat Type	Term Expires	Replaces
Shipp	Catherine	Consumer	2020	<i>Scott Smith-Cooke</i>
Sekayan	Tamar	Consumer	2020	<i>James Pope</i>
Campbell	Robert	Consumer	2020	<i>Tracy Del Rio</i>
Winstead	Candace	Consumer	2022	<i>Corliss Campbell</i>
Kleinman	Amy	Consumer	2022	<i>Kris Kington-Barker</i>
Ginger	Cochran	Consumer	2022	<i>David Clous</i>
Vacant		Direct Provider	2020	<i>Jinah Byram</i>
Raymond	Jean	Direct Provider	2022	<i>Martin Craven</i>
Vacant		Direct Provider	2022	<i>Elisa Moylan</i>
Sage	Mary Jean	Indirect Provider	2022	<i>Penny Chamousis</i>
Warren	Susan	Indirect Provider	2022	

Staff will submit Ginger Cochran for reappointment to a Direct Provider seat after January 14, 2020 in accordance with the Maddy Act. Once this reappointment is complete, the Health Commission will have one vacant Consumer Seat and one vacant Direct Provider Seat.

San Luis Obispo County Health Commission
Meeting Agenda Topics Schedule - 2020 Calendar Year

Month	Topic(s)	Lead
12/09/2019	<i>Retreat/Planning Meeting</i>	Sage
01/13/2020	<i>Mental Health Continuum of Care/Post-Partum Depression</i>	Cochran/Warren
February 2020	<i>No Meeting</i>	
03/09/2020	<i>Chronic Disease Care Transition</i>	Raymond/Kleinman
04/13/2020	<i>Blue Bag Program & Water Safety</i>	Winstead
05/11/2020	<i>Cancer Care (Resource Needs, Statistics, Tumor Board)</i>	Cochran/Sekayan
06/08/2020	<i>Foster Care / Center for Family Strengthening</i>	Kleinman
07/13/2020	<i>Retreat/Planning Meeting</i>	Sage
08/10/2020	<i>Pedestrian Safety</i>	
09/14/2020	<i>Food Security</i>	
10/19/2020	<i>Homeless/Shelter Presentation</i>	Warren
11/09/2020	<i>Care Coordination</i>	
12/14/2020	<i>Retreat/Planning Meeting</i>	Sage



WHAT CAN YOU DO NOW?

The mission of the California Complete Count – Census 2020 Office is to ensure that Californians get their fair share of federal resources and Congressional representation by encouraging the full participation of all Californians in Census 2020. In particular, the state's efforts are focused on educating, motivating and activating the hardest-to-count Californians to complete the Census questionnaire. Here are just some of the ways that you can be involved!

1 **ADD** the California **Census 2020 logo** to your signature line and homepage

2 **LIKE** and follow **@CACensus** on social media; repost and share information

3 **LINK** **CaliforniaCensus.org** to your website homepage

4 **INCLUDE** messaging in presentations with internal and external audiences

5 **SHARE** materials at events and gatherings

WANT MORE WAYS TO BE INVOLVED?



STAY INFORMED. Go to www.census.ca.gov for news, resources and to find out more about what California is doing to support a Complete Count for the 2020 Census.



HELP RECRUIT. The U.S. Census Bureau is hiring over 100,000 jobs in every community across California. Encourage members of the community to apply at 2020census.gov/jobs.



SPEAK OUT. Talk about the 2020 Census and its importance when you engage with others in your network and in your regular communications with members of the community. Encourage your colleagues to champion the census.



REACH OUT. Meet with CA Census Regional Program Managers and U.S. Census Bureau staff to learn about what's happening in your area. Engage with your Local Complete Count Committees in your county. More info at <https://census.ca.gov/regions/>.



ENGAGE. There is a role for everyone to play. Be sure to engage media, businesses, philanthropy, faith leaders, and government agencies to support the California Complete Count – Census 2020 efforts.



What You Need to Know About the Census

Every 10 years, people across the country and in California fill out the Census in order to have an accurate count of all people in the United States. The Census determines California's federal funding for important community services that help support our families and fair share of representation in California and Washington D.C.

The next Census is in Spring 2020. Let's ensure all Californians are counted so we can put those resources to good use here at home!

Census Key Dates

Starting in mid-March 2020, each household will get a letter in the mail. It will explain the different ways you can fill out the Census. If you don't receive a letter, you can still go online or call to fill it out. Be sure you include any person living in your household, family or not.



Why All Californians Should Take the Census

The Census is safe, protected and confidential. The Census helps determine how much money California receives for important programs and services. When you fill out the Census, you help your community get its fair share of money.



BUILD BETTER ROADS AND SCHOOLS



FUND COMMUNITY PROGRAMS FOR SENIORS, CHILDREN AND FAMILIES



CREATE JOBS



IMPROVE HOUSING

Information collected as part of the 2020 Census cannot be shared by other governmental agencies or used against you in any way. California is different and diverse. ALL Californians count. Take the Census.

How to Complete



MAIL: Request a paper Census form in English or Spanish that can be mailed back to the U.S. Census Bureau.



PHONE: The Census can be completed by phone in 13 languages.



ONLINE: For the first time, the Census form will be available to complete online in 13 languages.

Video and printed guides will also be available in 59 non-English languages, and there will be a video in American Sign Language, plus a printed guide in braille. Whichever you choose, just make sure you fill out the form!

Census 2020 California Hard-to-Count Fact Sheet

San Luis Obispo County

(CA Census 2020 Region 5)

Race and Hispanic Origin	
Total population	280,119
Hispanic or Latino of any race	22.2%
Hispanic Exclusive Race:	
White alone	69.4%
Black or African-American alone	1.8%
American Indian and Alaska Native alone	0.4%
Asian alone	3.6%
Native Hawaiian and Other Pacific Islander alone	0.1%
Some other race alone	0.0%

Top 3 Languages Spoken at Home	
Total Limited-English Population (Persons 5 years and older who do not speak English "very well")	18,127
Spanish	81.1%
Tagalog (incl. Filipino)	3.8%
Other Indo-European languages	3.2%

Hard-to-Count Characteristics	
The California Hard-to-Count (CA-HTC) Index is based on multiple demographic, housing and socioeconomic variables correlated with an area being difficult to enumerate. Census tracts with higher indexes are likely to be places that will pose significant challenges to enumerate in 2020.	
Percent of Total Housing Units:	
That are vacant (includes seasonal)	12.6%
With 3 or more units in a multi-unit structure	15.4%
Percent of Occupied Housing Units (or Households):	
That are renter-occupied	40.0%
That are overcrowded	1.2%
Without broadband Internet	15.0%
With limited-English speaking ability	3.2%
That are non-family	36.7%
Receiving public assistance income	1.8%
Percent of population:	
Under 5 years old	4.9%
That is foreign-born	10.4%
Who moved from outside county in past year	7.7%
With income below 150 percent of poverty level	20.6%
Age 16 or older that are unemployed	4.8%
Age 25 or older who are not high school graduates	9.5%

California Hard-to-Count Characteristics in County	
Median CA-HTC index all census tracts	25.0
Total Population in Census Tracts with above median CA-HTC	124,911
Leading HTC characteristics in those areas: Non-family households, Vacant housing units, Moved recently	

Top 5 CA-HTC Census Tracts in County	
Census Tract 109.01:	
Total Population	10,629
CA-HTC Index	86.0
Leading HTC Reasons in Census Tract 109.01: Multi-unit structures Renter-occupied units Non-family households	
Census Tract 128:	
Total Population	200
CA-HTC Index	79.0
Leading HTC Reasons in Census Tract 128: Households without broadband subscription Renter-occupied units Crowded units	
Census Tract 101.02:	
Total Population	7,122
CA-HTC Index	60.0
Leading HTC Reasons in Census Tract 101.02: Renter-occupied units Limited English-speaking households Households without broadband subscription	
Census Tract 111.01:	
Total Population	3,478
CA-HTC Index	60.0
Leading HTC Reasons in Census Tract 111.01: Non-family households Moved recently Renter-occupied units	
Census Tract 109.02:	
Total Population	4,114
CA-HTC Index	58.0
Leading HTC Reasons in Census Tract 109.02: Non-family households Below 150 percent of poverty level Renter-occupied units	



For a detailed map of all census tracts, go to census.ca.gov/HTC-map

Data Source: U.S. Census Bureau, American Community Survey, 2013-2017 (5-year).

Geography Note: Census tracts do not cross county boundaries but a tract may be divided by city, district, and other boundaries. Also, the same tract number may be used in more than one county.

To learn more about California's Census 2020 efforts, please visit census.ca.gov

San Luis Obispo County

California Hard-to-Count Index by Census Tract

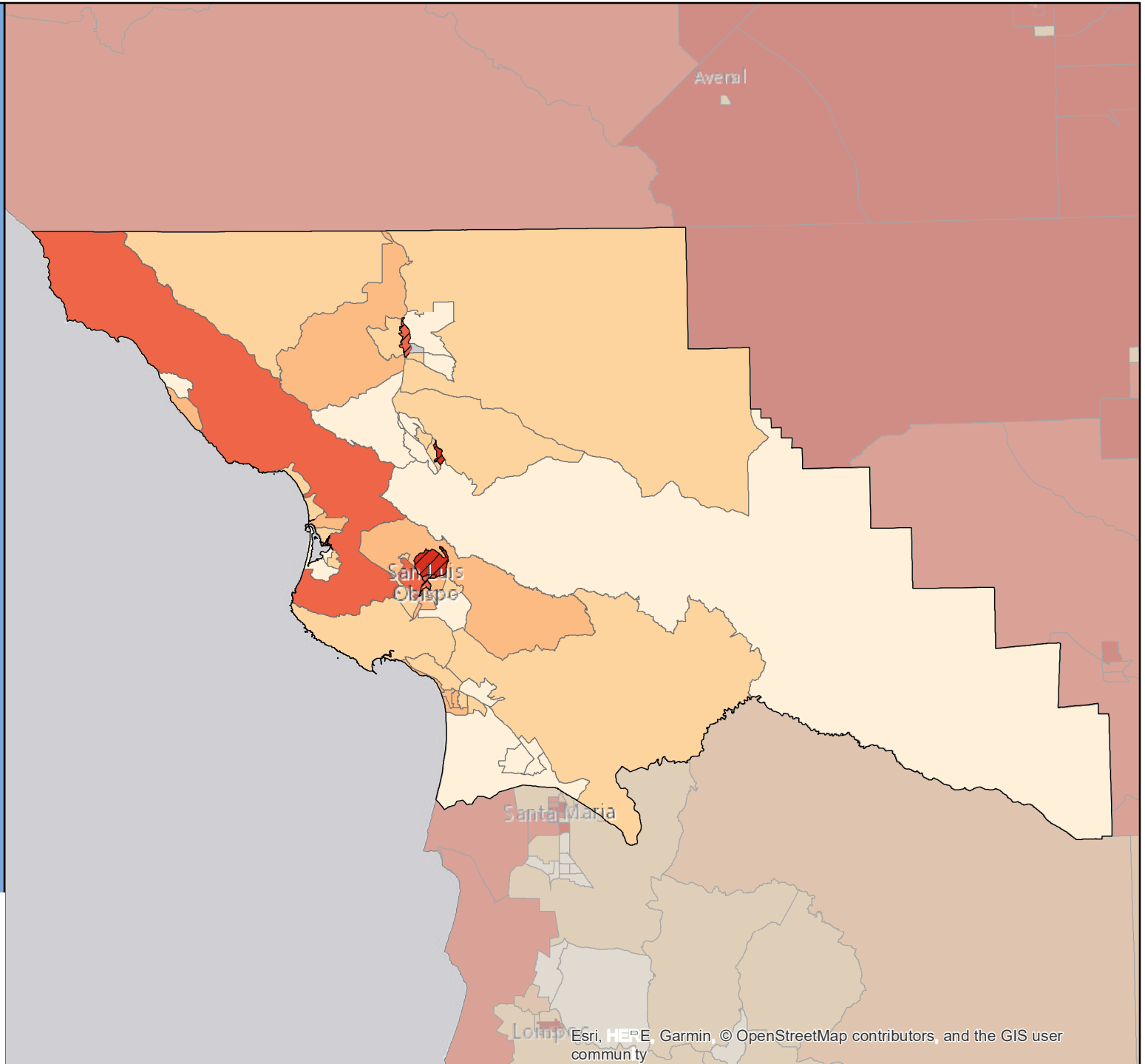
- 1 - 16
- 16 - 30
- 30 - 47
- 47 - 70
- 70 - 136

Tracts with highest indexes

CA-HTC Index is 0



0 4.75 9.5 19 Miles



Lompoc Esri, HERE, Garmin © OpenStreetMap contributors, and the GIS user community



BRIAN MAIENSCHIEIN

ASSEMBLYMAN, SEVENTY-SEVENTH DISTRICT

Assembly Bill 845

Maternal Mental Health: Training

Background

1 in 5 women will be affected by a maternal mental health (MMH) disorder like postpartum depression making these disorders the most common complication of child birth. For women living in poverty the rate soars to 50%. To exacerbate the issue, women are rarely screened for such disorders, and of those screened fewer than 15% receive appropriate treatment. In 2018, AB 2193 was signed into law requiring obstetricians screen for these disorders.

The importance of screening and treatment has been recognized nationally. In 2015, the American College of Obstetricians and Gynecologists publicly recommended that clinicians screen perinatal patients (pregnant women and those in the postpartum period) at least once for depression and anxiety symptoms. The American Medical Association followed suit in 2018, recommending doctors screen.

Though there is a recognition for the importance of screening, training for obstetricians, including prevalence, range of maternal mental health disorders and evidence-based treatment options, isn't yet available to physicians for continuing medical education requirements.

Current Law

Effective July 1, 2019, AB 2193 requires obstetric providers including Ob/Gyns, family practice providers and nurse practitioners to either screen for maternal mental health disorders at least once during the perinatal period or confirm screening has occurred

Effective January 1, 2020, AB 3032 requires hospitals to train their providers and disseminate information to perinatal patients about maternal mental health disorders and any local treatment options.

This Bill

Effective January 1, 2020, AB 845 requires the California Medical Board to make available continuing medical education training for obstetric providers including obstetricians, family practice providers and nurse practitioners. Training shall address the range of disorders including when a patient is at risk of harming herself or baby, evidence-based screening tools and treatment options, resources for safe prescribing, and skills for building trust with patients.

AB 845 will build upon recent legislation to ensure that California's screening providers have access to training that will prepare them to screen and treat for these disorders.

Sponsor



BRIAN MAIENSCHIN

ASSEMBLYMAN, SEVENTY-SEVENTH DISTRICT

Assembly Bill 845

Maternal Mental Health: Training

2020 Mom
Maternal Mental Health NOW

Staff

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