



PROVIDER HEALTH ADVISORY

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Updated Quarantine Guidance for Residential Care

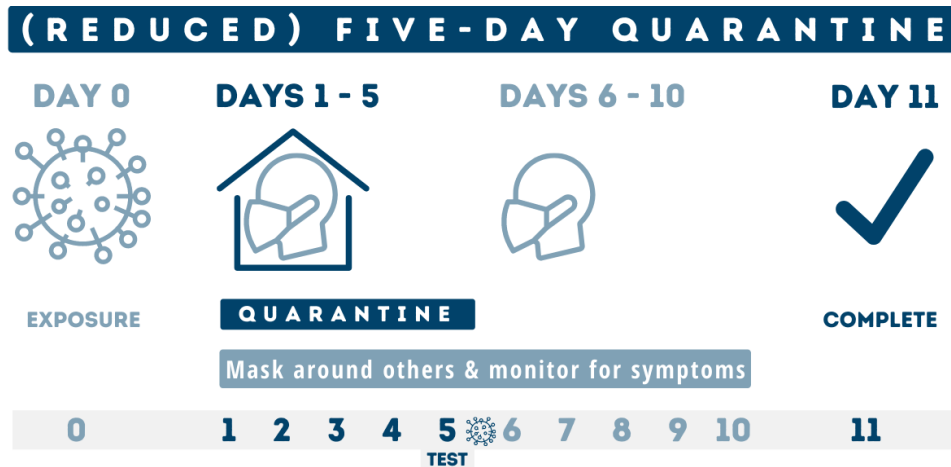
New SLO County Isolation and Quarantine Orders Align with the State

Background

Two new orders were issued by the County of San Luis Obispo Health Officer last week to reflect recent changes to [quarantine](#) and [isolation](#) guidance at the State level.

Updates to Guidance

Quarantine – Quarantine is still required in high-risk residential settings (such as shelters, health care and long-term care) for both residents and staff. Residents now have the option of a reduced five-day quarantine if the individual remains asymptomatic and tests negative on Day 5 of their quarantine. The option for a shortened quarantine period with a test on Day 5 was already in place for staff.



Those who are exposed to COVID-19 should wear a well-fitted mask around others for 10 days following the exposure.

Isolation – [Isolation guidance](#) remains unchanged. Isolation is still required, and anyone who tests positive or develops symptoms must immediately isolate.

For More Information

For more details on quarantine and isolation guidance, visit:

www.slopublichealth.org/quarantine-iso.