

## CHDP Program

The Health Agency's Child Health and Disability Prevention (CHDP) Program provides health exams for children to find and correct health problems early in life.

The yearly exam is provided at no cost to children/youth in foster care as they are receiving Medi-Cal and CenCal.

For more information or questions on the Child Health and Disability Program (CHDP), call the County of San Luis Obispo Health Agency at:

**(805) 781-4886**



## Contact Phone Numbers

**California Children Services:**

(805) 781-5527

**CenCal Health Member Services:**

1-877-814-1861

**Denti-Cal:** 1-800-322-6384

**Mental Health Services:**

1-800-838-1381

**Foster Care Nurse:**

(805) 781-1715

## Oral Health and Dental Care

Children under 21 years of age with Medi-Cal are eligible to dental services through Denti-Cal.

Initial dental exams are recommended beginning at one (1) year of age.

CHDP health assessment providers are required to make a referral to a dentist annually beginning at one (1) year of age.



## Mental Health Services

Children/ youth under 21 years of age with Medi-Cal are eligible to receive mental health services through local mental health agencies.



# Health Checkups For Children in Foster Care



**County of San Luis Obispo Health Agency**

Child Health and Disability Prevention Program (CHDP)



**County of San Luis Obispo Department of Social Services**

Health Care Program For Children in Foster Care (HCPCFC)

# Routine Checkups for Children in Foster Care

## Resource Parent Responsibility

Regular health checkups are a required part of the care the child/youth and must be scheduled **within 30 days of initial placement.**

Call and make an appointment with the child/ youth's Medical Doctor and Dentist to start their health checkups.

Forms will be mailed to you (Health Care Program for Children in Foster Care Contact Form) for the medical/dental providers to complete.

Please return those forms to the Social Worker or the Foster Care Nurse.

## Foster Care Nurse Responsibilities

The Foster Care Nurse can assist in finding a doctor or dentist who accepts Medi-Cal and answer any questions regarding the Health Care Program for Children in Foster Care. The Foster Care Nurse can mail any additional forms needed for Doctors/Dentists.

**Foster Care Nurse: 781-1715**

## Items to Bring to the Appointment

On the day of your child/youth's appointment, please be sure to bring the following:

1. Health & Education Passport
2. Immunization Record
3. Medi-Cal Card
4. CenCal Health Card
5. Health Care Program for Children in Foster Care Contact Form

## Routine Checkups Schedule

The Medi-Cal program will pay for frequent checkups. Take your child for a CHDP Well-Child Checkup at each of the following ages:

### **Eight (8) newborn checkups are needed during the first year:**

Under 1 month	6- months
1- month	8- months
2- months	10- months
3- months	12- months

### **Four (4) checkups are needed during the second year of life:**

15- months	24- months
18- months	30- months

### **One checkup is needed every year between the ages of 3 and 21 years.**

## Health Checkups Include:

- A growth, development, and health history.
- A head-to-toe physical exam.
- A record of height and weight.
- A review of eating and dental habits.
- Hearing and vision testing.
- Necessary immunizations.
- Depending on the age of the child a blood and/or urine test, and a check for tuberculosis.
- Answers to your questions and an explanation of the results of the checkup.

If test results require further diagnosis and treatment, it is important to follow the advice given to you by the health professional.

Please follow up with any additional appointments required.

If additional **Health Care Program for Children in Foster Care Contact** forms are needed for the new specialist or additional doctors, please contact the **Foster Care Nurse (805) 781-1715** and forms will be mailed to you.