



# Medical Reserve Corps Newsletter

Friday, May 22nd, 2020 | Issue #: 8

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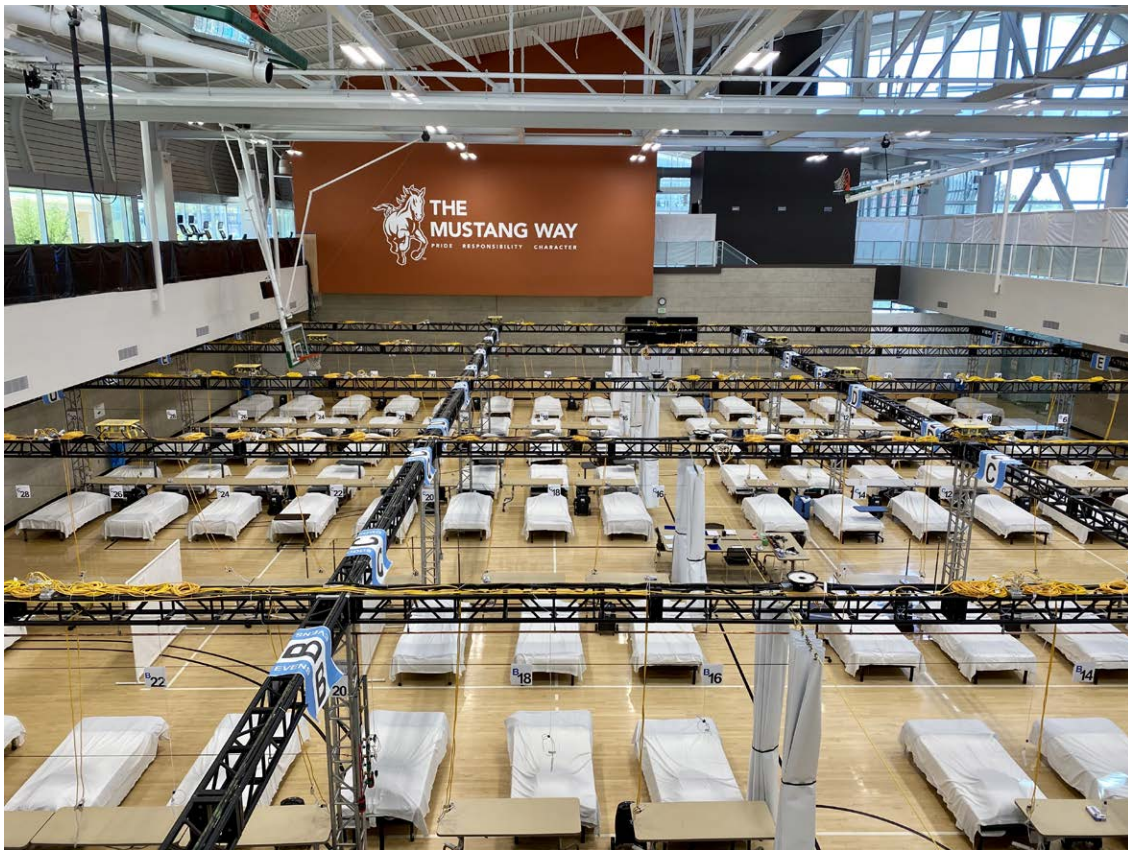
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**Dear Volunteers,**  
**Thank you for your patience and understanding as our County continues navigating COVID-19 Testing Sites as well as plans our community's phased re-opening effort. Your time and expertise are extremely valuable to us, and we appreciate everyone who has completed onboarding, come to training, been fit-tested for N95 Masks, and served at our Clinics in the past few weeks.**

**Sincerely,**  
**MRC Volunteer Coordination**



## **CPACS Updates**

**Next week we will host another Just-in-Time training on Thursday, May 28th for medical professionals willing to work in the Red Zone conducting direct patient care. This training is specific to our facility and must be conducted if you want to be ready to be called on for if the CPACS receives patients.**

**In addition, we have opened appointments for N95 Fit Testing for next week which is also only for medical professionals able to serve in direct patient care roles. An N95 Mask is required for all medical volunteers serving at our Clinics in direct patient care.**



## **COVID-19 Clinics**

**The County of San Luis Obispo has partnered with US Health Fairs to set up COVID-19 Testing Clinics. These clinics started on May 19th and are planned for various locations around the county. These clinics have been primarily staffed by MRC volunteers!**

**We are now allowing volunteers to self-schedule via an online sign up sent via email. Each clinic will have a unique link with all the details & shifts for all needed volunteer positions. Please keep an eye on your inbox for this sign-up as the positions fill quickly.**

**The next clinic that we will need volunteers for will be in Atascadero, and we will send out the sign-up for that by Wednesday next week!**

## **MRC Volunteer COVID-19 Response Stats:**



**VOLUNTEERS DEPLOYED  
THIS MONTH**

**70**

**VOLUNTEER HOURS  
SERVED THIS MONTH**

**290**

**TOTAL VOLUNTEER HOURS SERVED  
DURING COVID-19**

**1,353**

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## Volunteer Spotlight: Irene Perez-Winter



Irene is a retired nurse who decided to get involved at the CPACS because helping others is ingrained in her personality. Irene has a traveler's soul and hopes to see more of the world once the pandemic has passed. Her favorite movie is *Gladiator* because she loves Roman history and even visited the Colosseum in Rome! Irene has gotten the change to scuba dive in Panama, and recently acquired a scuba diving certificate here in San Luis Obispo. She loves gardening and enjoys being outdoors in her free time. Her message to the community is: "We are here to support each other. With love & support, we will get through this." These are more than just kind words, as Irene will soon serve in a COVID-19 Testing Clinic next week.

## Staff Spotlight: Kate Ballantyne



**Kate is our Assistant Site Manager here at the CPACS. Her normal role within the County is Deputy Director of County Public Works. She loves how the people in Public Works come together to make a positive difference. They provide essential services like water, wastewater, roads, and more. Her hobbies include hiking, soccer, making jewelry, and camping. Recently, she took up mountain biking because both her sons are avid bikers. Kate loves to read more than anything and couldn't limit herself to one favorite book, but she loves historical fiction. On the wall of her office is this saying: *Work Hard and Be Nice to People*. She says it can solve most workplace issues. Her message to our volunteers is, "Together we are doing great things- thank you so much for giving whatever time and skillset you have to give. We appreciate you!"**

## MRC Shout-Outs!

Each week, we will shout-out a few of our volunteers who have served recently.

### 2+ Shifts at COVID-19 Clinics

Chloe B. - EMT

Josh G. - EMT

Kirin S. - EMT

Carson B. - EMT

Alvin A. - Admin

Arely R. - Admin

Ron E. - Pharmacist

Susan D. - RN

Kevin M. - PA

Leandro D. - EMT

## Volunteers Who Served this Week in Clinics

Preston C. - Consultant

Eric J. - EMT

Pam S. - RN

Mary B. - Admin

These are some, but not all, of our volunteers from this month!

## Training of the Week

The screenshot shows the FEMA IS-100.C course page. At the top, there is a search bar with the text "Enter Keyword(s) or Course Code" and a "Search IS" button. The course title "IS-100.C: Introduction to the Incident Command System, ICS 100" is displayed. Below the title, there are sections for "Course Date" (6/25/2018) and "Course Overview". The overview text describes the course content and lists the organizations that developed the course: National Wildfire Coordinating Group (NWCG), U.S. Department of Agriculture, and United States Fire Administration's National Fire Programs Branch. On the right side of the page, there are three main sections: "TAKE THIS COURSE" with a link to "Interactive Web Based Course", "CLASSROOM MATERIALS" with a link to "Download Classroom Materials", and "TAKE FINAL EXAM" with a note about FEMA SID requirements and a link to "Take Final Exam Online". The "TAKE THIS COURSE" and "TAKE FINAL EXAM" sections are highlighted with red rounded rectangles in the original image.

### IS-100: Introduction to the Incident Command System

This training is normally a requirement for all MRC Volunteers. We waived this requirement due to COVID-19, but will soon be asking all our continuing volunteers to take this online course.

To take the course, please make a FEMA SID number, read through the online course, and take the final exam. This course certificate must be emailed to [slomrc@gmail.com](mailto:slomrc@gmail.com) upon completion.

[Make a FEMA SID Number HERE](#)

[Access FEMA IS-100 HERE](#)

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## Frequently Asked Questions

**Q: All the spots are full in the Google Form Sign Up. Will there be more spots opening up?**

**A:** The spots do fill very quickly! We have many active and committed volunteers. There will be more opportunities in the future, and spots may open as volunteer schedules change.

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**Q: May I share the sign-up links to non-volunteers for them to join?**

**A:** No. Please do not share any links sent directly to you. However, we would love for them to join the MRC. Please send them to our website [www.slocounty.ca.gov/mrc](http://www.slocounty.ca.gov/mrc) to sign up as a volunteer.

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**Q: What Medical Careers are approved to be Swabbers at the Clinics?**

**A:** Only these careers are approved to serve as Swabbers: MD, PA, NP, PHN, RN, EMT, Paramedic, Firefighter, & Pharmacist.

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**Q: My confirmation email came from slomrc@gmail.com, is this correct?**

**A:** Yes! The slomrc@gmail.com does come to us, but please do not reply to this email as it is not constantly monitored. The best email to reach us is [HR\\_Alternate\\_Care\\_Site@co.slo.ca.us](mailto:HR_Alternate_Care_Site@co.slo.ca.us).

## Joke of the Week

What do you call an illegally parked frog?  
"Toad"

## Contact Us

If you have a joke for the next newsletter, want to nominate someone for a volunteer spotlight, or have any questions or concerns, send us an email below or call us at (805)781-1722!

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*medical  
reserve  
corps*



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