

Vaping and E-cigarette Education & Resources

Resources for Schools

Stanford Tobacco Prevention Toolkit:

Classroom presentations and activities on the inner working of e-cigarettes and the content of the aerosols they produce. <https://med.stanford.edu/tobaccopreventiontoolkit/E-Cigs.html>

FDA Exchange Lab: Print materials and web content aimed at communicating the dangers of tobacco use. <http://bit.ly/FDAmaterials>

CATCH E-Cigarette Prevention Program:

Best-practice youth e-cigarette and JUUL prevention which meets National and State Health Education Standards (Grades 5-12). <https://catchinfo.org/modules/e-cigarettes/>

TND Project Towards No Drug Abuse:

Interactive classroom-based substance abuse prevention program for high school seniors. <https://tnd.usc.edu/>



Resources for Parents

Parent Presentations: Customized presentation for parent groups including current trends in youth tobacco use. <http://slocounty.ca.gov/tobacco>

Know the Risks: Highlights from the U.S. Surgeon General's report on e-cigarette use among youth and young adults. <http://bit.ly/facts4parents>

California Department of Public Health Guide for Parents: Resources and tips to keep kids healthy and nicotine-free in the age of a vaping epidemic. <https://bit.ly/2kHM8Pc>

CDC's Smoking & Tobacco Use: Quick facts about e-cigarettes, their health effects and the risk of using e-cigarettes. <http://bit.ly/CDCbasics>





Resources for Youth

#DITCHJUUL Texting Program: Tailored by age group to give teens and young adults appropriate recommendations about quitting. <http://bit.ly/DitchJUUL>

Becoming a Smoke-Free Teen: Articles and information, tools and tips, to help teens quit. <https://teen.smokefree.gov/>

Resources for the Community

SLO County Public Health Department: Customized presentations for service organizations or other community group that focus on tobacco use in the community. <http://slocounty.ca.gov/tobacco>

San Luis Obispo Tobacco Control Coalition: Join a group of community members working to improve the health of the community. <http://slocounty.ca.gov/tcc>

Flavors Hook Kids Campaign: Learn about flavored tobacco and how to take action to combat the youth vaping epidemic. <https://www.flavorhookkids.org/>

SLO County Public Health Department Quit Tobacco: Telephone counseling, self-help materials, and group counseling sessions available for residents of the county. <http://slocounty.ca.gov/quit-tobacco>

California Youth Advocacy Network: Training and technical assistance to individuals, organizations, and coalitions advocating for tobacco-free communities <http://bit.ly/CYANtools>

Contact Information

**SLO County Public Health Department
Tobacco Control Program**
Phone: 805-781-4305
Website: <http://slocounty.ca.gov/tobacco>
Email: tobaccoprevention@co.slo.ca.us

**SLO County Office of Education
Tobacco Use Prevention Education Program**
Phone: 805-782-7283
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