

# Safety Requirements for Participants

## CREW PLANS



**Contact the Adopt-A-Road Coordinator** - Notify the Adopt-A-Road Coordinator of your plans to work at least three days, but no more than one month, before the event. If County construction or maintenance activities have been scheduled at your adoption site on that same day, you will not be permitted to work.

**Review safety procedures** - Review these "Safety Requirements for Participants" and the "Bag It, Move It, or Leave It?" instructions with all participants at an off-site location prior to each work event.

**Evaluate weather conditions** - Work must be performed during daylight hours. Do not work, or discontinue working, if weather (or other adverse circumstances) decreases visibility or causes a public hazard.

**Wear your high visibility safety vest** - It is required that participants wear high-visibility safety vests. Long pants, substantial shoes or boots with ankle support, light-colored clothing, and long-sleeved shirts are recommended. Put on your safety vest before travelling to your site and do not take it off until you have left the roadside.

**Park in a safe place** - Please carpool. Vehicles must park completely off of paved areas and be at least six feet from any traffic lane. If this is not possible and your site has a shoulder, then use a drop-off and pick-up arrangement instead. Or, enter and exit your site on foot from locations that allow you to face oncoming traffic. If in doubt about the safest way to access your site, please contact the Adopt-A-Road Coordinator for advice.

**Look out for danger and look out for each other** - Always work facing oncoming traffic. Use a safety lookout when fellow workers are unable to see oncoming traffic. Watch your footing and be alert for snakes, stinging insects, and poisonous plants. Do not work alone.

**Alert the Sheriff's Office or California Highway Patrol (call 911) if you find an extremely hazardous item** - Identify all objects before touching them and handle found items according to the procedures outlined in the "Bag It, Move It, or Leave It" instructions.

**Never risk injury** - Stay completely off of paved areas and always remain at least six feet from any traffic lane. Use extreme caution when crossing the road; plan to use crosswalks and signals where available. Do not work on unstable or slippery ground, on bridges, or in drainage facilities. Avoid behaviors that will distract motorists; this includes working in groups of more than three or four persons. Drink plenty of water.

**Stack your bags** - Do not overload or compact litter bags and be sure to tie them securely closed. Whenever possible, stack several filled bags together. Place bags completely off of paved areas and at least six feet from any traffic lane. Make sure that the bags are located where County road maintenance crews can easily see them and safely retrieve them.