

MEETING MINUTES

COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults and seniors with access to a full continuum of resources and independence wherever they reside.

Leader: Linda Loeb
 Facilitator: Linda Loeb
 Recorder: Carmina Garcia

Meeting Called By: Linda Loeb
 Time: From: 9:00 AM To: 11:00 AM
 Date: Friday August 5, 2022

Location: Via Zoom

Members Present:

1. Linda Loeb Senior Volunteer Services	14. Carmen Garcia California Phones
2. Laura DeLoye Alzheimer's Association	15. Paul Garth HUD-VASH, VA
3. Carmina Garcia Department of Social Services-Staff Development	16. Alexandra Morris Geriatric Care Management
4. Hannah Mills TCRC	17. Tom Quintana Transitions Mental Health Assoc.
5. April Lewallen PathPoint	18. Jessica Deveraux Wilshire Community Services
6. Juliane McAdam Meals that Connect	19. Anne Wyatt Smart Share Housing Solutions
7. Mark Shaffer UCP/Ride-On	20. Savannah Gil SLOCOG
8. Francine Levin Injury Prevention Programs San Luis Obispo County	21. Sadie Weller SLO Legal Assistance Foundation
9. Christy Nichols Community Relations Specialist- CenCal Health	22. Sarah Woolsey San Luis Obispo Council of Governments
10. Kim Chartrand Hospice of SLO	23. Paulina Flores Jimenez SLO Public Health
11. Star Graber Drug and Alcohol Services	24. Vanessa Rodriguez CalFresh Outreach Manager, SLO Food Bank
12. Ilene Brill Jewish Family Services of SLO	25. Karen Florian CCRC
13. Jerry Mihaic ILRC	26. Clint Weirick Office of CA Senator Laird

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
<p>Introductions and Announcements</p>	<p>LAURA DE LOYE</p> <ul style="list-style-type: none"> • DEMENTIA EDUCATION CLASSES AND SUPPORT GROUP SCHEDULED TO BE SENT • STARTING SERIES WITH SLO LIBRARY DOWNTOWN, ON THE SECOND TUESDAY OF THE NEXT THREE MONTHS FROM 10:30AM-12:00PM • SERIES AT THE SANTA MARIA SENIOR CENTER WILL BE HELD ON THE FOURTH THURSDAY AT 11:30 AM EACH MONTH. • SOUTH COUNTY SENIOR RESOURCE FAIR; TUESDAY AUGUST 16 AT THE GRACE BIBLE CHURCH COURTYARD <p>JULIANE MCADAM</p> <ul style="list-style-type: none"> • EXECUTIVE DIRECTOR RECENTLY BOUGHT 40,000 POUNDS OF FAIR MEAT. ARTICLE CAME OUT IN THE TRIBUNE <p>MARK SHAFFER</p> <ul style="list-style-type: none"> • UCP: IN THE PROCESS OF HIRING A PART-TIME PERSON TO BE THE COMMUNITY LIAISON. THIS PERSON WOULD BE GOING OUT INTO THE COMMUNITY AND GET INDIVIDUALS WITH DEVELOPMENTAL DISABILITIES TO PARTICIPATE IN SMALLER GROUP SETTINGS. THEY WOULD HAVE SMALL GROUP INTERACTIONS, WITH TWO OR THREE FRIENDS AS THEY GO OUT TO EAT OR OTHER ACTIVITIES FIT FOR THE GROUP. • RIDE-ON: THEY SUPPORT MAINTENANCE IF YOU HAVE A VEHICLE, ONLY CHARGE \$60 AN HOUR ON THE MAINTENANCE AND GOOD PRICES ON THE PARTS. THEY HAVE THREE FULL-TIME MECHANICS. ALSO HAVE A COUPLE OF 15 PASSENGERS VANS THAT HAVE HIGH MILEAGE AND ARE AVAILABLE FOR PURCHASE. IN ADDITION, YOU MAY ALSO LEASE THESE VANS IF AN ORGANIZATION IS IN NEED OF TRANSPORTATION FOR AN EVENT, ETC. PLEASE CONTACT MARK <p>KIM CHARTRAND</p> <ul style="list-style-type: none"> • THEIR TAG LINE HAS CHANGED TO DIFFERENTIATE THEMSELVES FROM OTHER HOSPICES, THEY ARE A NON-MEDICAL HOSPICE AND COMMUNITY GRIEF CENTER. <p>JERRY MIHAIC</p> <ul style="list-style-type: none"> • ILRC IS NOT OFFICIALLY AN EMERGING ADRC, WHICH IS AGING, DISABILITY RESOURCE CENTER. THIS MEANS THAT ANYBODY OVER 60 CAN GET ANOTHER LAYER OF SERVICES THAT ARE PART OF OUR REGULAR PROGRAMS SUCH AS TRANSITION PROGRAMS. • COMMISSION ON AGING IS BACK AND IS MEETING IN PERSON, NEXT MEETING IS AUGUST 24. • DOWNTOWN SLO FARMERS MARKET, NET ONE WILL BE AUGUST 18, PLEASE SEND ANYBODY OUR WAY, WE WILL HAVE BROCHURES, SOME BATTERIES FOR EMERGENCY PREPAREDNESS PROGRAM AND THE EMERGENCY MANAGER WILL ALSO BE PRESENT. <p>CARMEN GARCIA</p> <ul style="list-style-type: none"> • CALIFORNIA PHONES NAME IS CHANGING TO CALIFORNIA CONNECT. THE SERVICES WILL REMAIN EXACTLY THE SAME, STILL PROVIDING FREE TELEPHONES • SMARTPHONE CLASSES, WHICH ARE AVAILABLE IN VARIOUS LANGUAGES. • PARTNERSHIPS WITH LOCAL LIBRARIES ARE IN DEVELOPMENT TO OFFER SMARTPHONE TRAININGS <p>SAVANNAH GIL</p> <ul style="list-style-type: none"> • TRAVEL TRAINING OFFICE: IS A RESOURCE HUB FOR ALL YOUR TRANSPORTATION NEEDS DIAL 511 OR DIRECT LINE 805-776-8700

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	<p>ANNE WYATT</p> <ul style="list-style-type: none"> • \$1000 PROVIDER INCENTIVE FOR LOW INCOME HOME PROVIDERS: IF YOU KNOW ANYONE THAT MAY HAVE AN EXTRA ROOM AND WOULD BE INTERESTED IN SOME COMPANIONSHIP OR SOME EXTRA RENTAL INCOME PLEASE CONTACT. ANNE@SMARTSHAREHOUSINGSOLUTIONS.ORG : WWW.HOMESHARESLO.ORG • DEVELOPMENT IN THE WORKS: SMALL HOUSE VILLAGE IN DOWNTOWN SLO, LOOKING TO BE APPROXIMATELY 20 AFFORDABLE HOUSES AT 466 DANA ST. <p>SADIE WELLER</p> <ul style="list-style-type: none"> • AS OF THIS SUMMER THEY ARE OFFERING GOVERNMENT BENEFITS SERVICES, SO IF ANYBODY HAS A LEGAL ISSUE RELATED TO THAT THEY CAN REFEREED TO THE SLO LEGAL ASSISTANCE FOUNDATION: SLOLAF.ORG • RECENT PARTNERSHIP WITH LUMINA ALLIANCE AS THEY WILL OVERSEE THEIR LEGAL PROGRAM AND OFFER FREE FAMILY LAW SERVICES. • CURRENTLY HIRING FOR VARIOUS LEGAL AND SUPPORT POSITIONS PLEASE CONTACT SADIE SADIE@SLOLAF.ORG <p>VANESSA RODRIGUEZ</p> <ul style="list-style-type: none"> • SENIOR HOME DELIVERY SERVICES FOR THOSE WHO ARE HOMEBOUND • CALFRESH OUTREACH MANAGER BANKVRODRIGUEZ@SLOFOODBANK.ORG OR YOUR LOCAL DSS OFFICE <p>KAREN FLORIAN</p> <ul style="list-style-type: none"> • IF ANY NON-PAID CAREGIVER IS INTERESTED IN JOINING A SUPPORT GROUP, THEY HAVE SEVERAL IN SPANISH AND ENGLISH. CONTACT KAREN AT HFLORIAN@SBCH.ORG
Public Comment	NONE
<p>Member Comment/Spotlight</p> <p>Sarah Woolsey</p> <p>SLOCOG's Access for All Program</p>	<ul style="list-style-type: none"> • NEW PROGRAM: As of July 1st, 2022, The Program is Called ACCESS FOR ALL. It is funded by the CALIFORNIA PUBLIC UTILITIES COMMISSION (CPU) • UBER, LYFT, and other Transportation Network Companies Typically don't have options for people with who use wheelchairs or have other Disabilities, such as blindness. As a result, The California Public Utilities Commission and the State of California have done something about this. A 10-cent fee is now attached to all UBER, LYFT, and other transportation network company rides provided in California. The fees collected from trips that originated in SLO County come back to SLOCOG. The funds are then used to subsidize THE ACCESS FOR ALL program. • Access for All is an on-demand and demand response transportation service using wheelchair accessible vehicles. This service is for individuals in wheelchairs or who have a disability that makes using transportation network companies, like Uber and Lyft, inaccessible to them. This service is available 24 hours a day, 7 days per week. • To book a ride call 805-519-0009. Fares are synonymous with uber and lyft xl rides. Fares are higher than other social services type rides, the subsidy provided from the CPUC goes toward having drivers available 24/7, not to subsidize fares. To see the fare chart check out: http://rideshare.org/ada-services-2/

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<p>Guest Speakers Star Graber, PhD, LMFT</p> <p>Drug and Alcohol Services</p> <p>BEHAVIORAL HEALTH DEPARTMENT</p>	<p>STAR GRABER:</p> <ul style="list-style-type: none"> HAS BEEN WITH THE COUNTY FOR ABOUT 35 YEARS, PARTICULARLY WITH THE COUNTY DRUG AND ALCOHOL SERVICES. SHE IS PART OF ONE OF THE FIVE DIVISIONS WITHIN THE BEHAVIORAL HEALTH. THERE'S MENTAL HEALTH, ADULT & YOUTH DRUG AND ALCOHOL, YOUTH PREVENTION SERVICES, QUALITY ASSURANCE AND SO FORTH. ADULT SERVICES IS HER SPECIALTY, ADULTS ARE CONSIDERED OVER THE AGE OF 18. <p>DRUG AND ALCOHOL SERVICES</p> <p><i>MISSION STATEMENT</i></p> <ul style="list-style-type: none"> COLLABORATE WITH A LOT OF COMMUNITY SERVICES AND PROVIDE SERVICES THAT FOCUS ON CULTURAL INCLUSION, DIVERSITY, AND STRIVE TO INCREASE EMOTIONAL AND PHYSICAL HEALTH, SAFETY AND RECOVERY <p><i>SUBSTANCE USE DISORDERS (SUD)</i></p> <ul style="list-style-type: none"> EVEN THOUGH ARE NAME IS DRUG AND ALCOHOL SERVICES, THEY DO WORK WITH SUBSTANCE ABUSE DISORDERS (SUD) <p><i>TARGET POPULATIONS</i></p> <ul style="list-style-type: none"> MAIN TARGET IS ADULTS AGED 18 AND OVER, BUT THEY DO HAVE YOUTH SERVICES THAT BEGIN AT THE AGE OF 12. HAVE WORKED IN THE LAST THREE YEARS THE INTEGRATION INTO THE HOSPITALS, AND THE TARGET POPULATIONS HAVE CHANGED. IT IS BASICALLY ANYBODY WITH A SUBSTANCE ABUSE DISORDER, AND THEY MAY OR MAY NOT BE REFERRED FORM THE CRIMINAL JUSTICE DEPARTMENT. <p><i>DRUG MEDI-CAL AND UNDERSERVED</i></p> <ul style="list-style-type: none"> INTEGRATION OF DRUG MEDI-CAL, THAT IS THE PRIMARY POPULATION. THE LOW INCOME, THE UNDERSERVED, PEOPLE WITH DRUG MEDI-CAL <p><i>FIVE CLINIC LOCATIONS</i></p> <ul style="list-style-type: none"> ADULT CLINICS: PASO ROBLES, ATASCADERO, GROVER BEACH, AND JOHNSON ST. YOUTH & VETERANS CLINIC: SOUTH ST. <p><i>HOW TO ENTER SERVICES</i></p> <ul style="list-style-type: none"> WALK-INS - PHONE CALLS AND TELEHEALTH -JAILS AND HOSPITALS WALK-IN CLINICS ARE ON A FIRST COME FIRST SERVED BASIS. <p><i>LEVELS OF CARE</i></p> <ul style="list-style-type: none"> ALL SUD AROUND THE STATE OF CALIFORNIA FOR DRUG MEDICAL GOES THROUGH THE COUNTY SYSTEM, COUNTY SERVES AS THE GATEWAY TO PROVIDERS. <p><i>OUTPATIENT LEVEL OF CARE</i></p> <ul style="list-style-type: none"> GROUP COUNSELING -INDIVIDUAL COUNSELING – CASE MANAGEMENT – MEDICATION ASSISTED TREATMENT- PRESCRIPTIONS, AS NEEDED INTENSIVE OUTPATIENT TREATMENT <ul style="list-style-type: none"> 3-4 DAYS PER WEEK 3 HRS. EACH DAY GROUP COUNSELING ACTIVITIES-PERINATAL, COD, TREATMENT CASE MANAGEMENT RECOVERY RESIDENCES TRANSPORTATION <p><i>RESIDENTIAL TREATMENT</i></p>

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	<ul style="list-style-type: none"> • DIFFERENT LEVELS OF CARE WITHIN “RESIDENTIAL TREATMENT” • NOT EVERYONE NEEDS RESIDENTIAL TREATMENT, USUALLY ABOUT 10-15% • 24-HOUR FACILITY WITH TREATMENT SERVICES ON SITE • 30-DAY AUTHORIZATIONS BY THE COUNTY USUALLY MAXIMUM 90 DAYS • CONTRACTS: SUN STREET CENTERS: IN HOLLISTER, SALINAS, KING CITY. CONTRACT WITH SANTA BARBARA COUNTY, AS WELL AS LOS ANGELES COUNTY <p><i>MEDICATION ASSISTED TREATMENT (MAT)</i></p> <ul style="list-style-type: none"> • FDA-APPROVED MEDICATIONS FOR TREATMENT OF WITHDRAWAL AND/OR CRAVINGS • OPIOID USE DISORDER • ALCOHOL USE DISORDER • NURSE PRACTITIONER AND LICENSED PSYCHIATRIC TECHNICIANS AT EACH CLINIC <p>OTHER RELATED HEALTHCARE NEEDS (HIV, HEP C, TB) AND NARCAN DISTRIBUTION</p> <p>ACHIEVEMENTS & FUTURE GOALS</p> <p><i>ACHIEVEMENTS:</i></p> <ul style="list-style-type: none"> • <i>PASO ROBLES HEALTH AGENCY CLINIC</i> • <i>34 PRADO SUN STREET CENTER (RT & WM)</i> • CO-OCCURRING & INTEGRATED SERVICES • MAT PROGRAM • HEALTHCARE LINKAGES <p><i>FUTURE GOALS:</i></p> <ul style="list-style-type: none"> • SOBERING CENTER • RE-BUILD CRIMINAL JUSTICE CONTINUUM • CONTINUE “CAMPUS” MODELS • CONTINUE DEVELOPMENT OF NEW WORKFORCE • HOLISTIC PERSON CARE
Corrections/Additions to the Synopsis	SYNOPSIS ACCEPTED WITH CORRECTIONS NOTATED
Action Items	<p>APPROVE JUNE 2022 SYNOPSIS</p> <p>A MOTION WAS MADE BY SAVANNAH GIL -TO APPROVE THE SYNOPSIS AS WRITTEN: APRIL LEWALLEN SECONDED THE MOTION</p> <p>VACCINE UPDATE</p> <ul style="list-style-type: none"> • NOVA VAX IS AVAILABLE NOW: PROTEIN BASED NON- RNA • RECOMMENDED TO GET VACCINATED AGES 6 MONTHS OR OLDER & CONTINUE USE OF MASK • GET BOOSTED-WE ARE AT THE MODERATE LEVEL IN THE COUNTY WITH COVID • MONKEY-POX- VACCINE ROLL-OUT IS SLOW NO CURRENT CASES IN SLO COUNTY
Committee Updates as Needed	<p>HEALTH DECISION MAKING AND CARE</p> <ul style="list-style-type: none"> • ONGOING HOSPICE CARE ASSISTANCE, ADVANCE HEALTH CARE PLANNING

The next meeting is: Friday September 2nd, 2022 Time: 9:00 AM
Location: Via Zoom