

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council
Behavioral Health Board
Commission on Aging
County Board of Supervisors
Health Commission
SLO Supportive Housing Consortium

Elected Officials

CA Senator John Laird, 17th District
U.S. Congressman Salud Carbajal, 24th District

Non-Profit Agencies

Access Support Network
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Coast Caregiver Resource Center
Community Action Partnership of SLO (CAPSLO)
Community Health Centers (CHC)
Dignity Health-French Hospital Medical Center
Gala Pride and Diversity Center Senior Advocacy
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
Los Osos Cares
LTC Ombudsman Services of SLO County
North County Connection
PathPoint
Peoples' Self Help Housing
Ride-On Transportation
San Luis Obispo Legal Assistance Foundation
Senior Nutrition Program
Senior Volunteer Services (RSVP/3CV/PLS)
SLO Hep C Project
SLO Hotline
San Luis Obispo Legal Assistance Foundation
SLO Village
Transitions-Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of SLO County
Wilshire Community Services

Private Organizations

Amdal In-Home Care
Bella Vista Transitional Care
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Maxim Healthcare Services
Ridership Development Consultants
Senior Living Consultants

Public Agencies

San Luis Coastal Adult School
San Luis Obispo Council of Governments

San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services
District Attorney / Victim Witness Assistance
Public Health
Probation Department
Sheriff Department
Social Services/Adult Services

Chair: Karen Jones
Immediate Past Chair: Linda Loebs
First Vice Chair: Paulina Flores Jimenez
Second Vice Chair: Tauria Linala

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AGENDA

Friday, August 4th, 2023

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS: (30 Minutes)

New developments for the population, agency, or program changes that affect other agencies or programs

PUBLIC COMMENT: (5 Minutes or less)

MEMBER COMMENT/SPOTLIGHT: (10 Minutes or less)

GUEST SPEAKERS: (45 Minutes)

- **Tauria Linala and Linda Beck: Ad-Hoc Committee Report with Recommendations**

CORRECTIONS / ADDITIONS TO THE SYNOPSIS

ACTION ITEMS: (10 Mins)

- **Approve Synopsis**
- **Final Reading: ASPC Ad Hoc Committee Becomes the ASPC "Local Master Plan for Aging (MPA) Advisory Committee" aka the ASPC Advisory Committee**
- **Create Legislative Committee**

HEALTHY BRAIN INITIATIVE UPDATE

COMMITTEE UPDATES AS NEEDED (10 minutes or less)

- **Ad Hoc Committee Recommendations**

MEETING LOCATION:

This month's meeting will be available via Zoom

Zoom link:

<https://us06web.zoom.us/j/89837820270?pwd=NDcwcHFhTIGYmdNNjJKWVRZaGFxUT>

09

Dial In: 669 900 9128

Meeting ID: 830 6603 5927

Passcode: 267822

NEXT MEETING:

September 1st, 2023

MEETING MINUTES

COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of
adults and seniors. Our vision is safe and supported adults and seniors with
access to a full continuum of resources and independence wherever they reside.

Leader: Karen Jones
 Facilitator: Karen Jones
 Recorder: Gabriela Garcia

Meeting Called By: Karen Jones
 Time: From: 9:00 AM To: 11:00 AM
 Date: August 4th, 2023

Location: Via Zoom

Members Present:

Karen Jones – LTC Ombudsman SLO

Jerry Mihaic - ILRC

Taura Linala – GALA

Kim Chartrand – Hospice SLO

Lindsay Franklin – Tri-Counties Regional Center

Mark Shaffer – United Cerebral Palsy & Ride On

Paulina Flores-Jimenez – MPH CHES

Patty Herrera – Dignity Health Central Coast

Tonya DeRose – THMA

Linda Beck – Ombudsman

Carmen Garcia – California Phones

Rod Brown – Geriatric Care Management

Sue Gibson – SLG Senior Care

Alexandra Morris – Geriatric Care Management

Paul Garth – VASH

Francine Levin – Public Health

Laura DeHaven – Wilshire Hospice

Jimmy Paulding – 4th District Board of Supervisors

Robert Diaz – DSS

Mackenzie Pfligl- DSS

Gabriela Garcia – DSS

Nell Bennett- CCRC

Ilene Brill

Jean Raymond – SLO Health Counts Steering

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Introductions and Announcements	<ul style="list-style-type: none"> • TONYA DeROSE – THMA EDUCATION COORDINATOR WILL BE FACILITATING MENTAL HEALTH FIRST AID CLASSES • MARK SHAFFER – RIDE ON WILL BE SENDING A TRANSPORTATION SURVEY TO ASSESS AGENCY NEEDS • PATTY HERRERA – DIGNITY WILL START IMPLEMENTING A FALL PREVENTION PROGRAM EARLY NEXT YEAR • ROBERT DIAZ – DSS RECEIVED A GRANT FOR A COUNTY LEVEL MASTER PLAN ON AGING. AWAITING FINAL APPROVAL FROM BOARD OF SUPERVISORS AND LOOKING FOR AGENCIES TO HELP WITH OUTREACH EFFORTS.
Public Comment	<i>NONE</i>
Member Comment/Spotlight	<i>NONE</i>
Guest Speakers	<p>TAURIA LINALA AND LINDA BECK: <u>Ad Hoc Committee Report With Recommendations</u></p> <ul style="list-style-type: none"> • SLO COUNTY HAS A SENIOR BOOM – BY 2030 THERE WILL BE MORE OLDER ADULTS NEEDING SUPPORT • ASPC COMMITTEE FORMED IN JANUARY 2023 TO PROVIDE RECOMMENDATIONS FOR DISCUSSION ON THE MASTER PLAN ON AGING, LOCAL AGING AND DISABILITY PLANNING GRANT, PLANNING FOR THE NEAR TERM AND FUTURE, AND COMMUNICATING AND IMPLEMENT PLANS TO MEET NEEDS • THE CALIFORNIA MASTER PLAN FOR AGING IS A BLUEPRINT FOR STATE GOVERNMENT, LOCAL GOVERNMENT, THE PRIVATE SECTOR AND PHILANTHROPY TO PREPARE THE STATE FOR THE COMING DEMOGRAPHIC CHANGES • THE CENTRAL COAST SENIOR POPULATION WILL GROW BY 320% BY 2060 WHILE YOUTH AND MIDDLE AGE POPULATIONS WILL DECLINE • THE MASTER PLAN ON AGING WAS STARTED BY CA DEPARTMENT OF HEALTH CARE SERVICES AND LONG TERM SERVICES AND SUPPORT (LTSS) • THERE ARE FIVE GOALS FOR THE MPA: <ul style="list-style-type: none"> ○ HOUSING FOR ALL AGES AND STAGES ○ HEALTH REIMAGINED ○ INCLUSION AND EQUITY ○ CAREGIVING THAT WORKS ○ AFFORDABLE AGING • THE GOALS ARE BROKEN DOWN INTO 23 STRATEGIES AND 228 INITIATIVES • THE MPA WEBSITE TRACKS THE FUNDING ALLOCATED TO EACH INITIATIVE • SAN LUIS OBISPO WAS ONE OF 14 GROUPS GRANTED FUNDING IN THE STATE • OUTREACH WILL BE CONDUCTED IN BOTH ENGLISH AND SPANISH • THE FIRST COUNTY TO DEVELOP ITS OWN LOCAL MASTER PLAN WAS VENTURA • THE COMMITTEE EXAMINES INITIATIVES TO MEET GOALS USING AAA SURVEY AND CASOA SURVEY, DOCUMENTING PEOPLE’S NEEDS, EXPLORING SOLUTIONS, EXPANDING SERVICE AND FIXING GAPS, LEVERAGING WITH OTHER COUNTIES, AND REQUEST FOR PROPOSALS FROM CONSULTANTS

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> • WHEN EXAMINING VENTURA COUNTY’S MPA, THEY FOCUSED ON TWO OF THE STATE MPA GOALS: <ul style="list-style-type: none"> ○ HEALTH REIMAGINED: BRIDGING HOSPITAL WITH HOME, HEALTHCARE AS WE AGE, LIFELONG HEALTHY AGING, DEMENTIA IN FOCUS ○ CAREGIVING THAT WORKS: FAMILY AND FRIENDS CAREGIVING SUPPORT, VIRTUAL CARE EXPANSION • TO ACCOMPLISH THIS VENTURA IMPLEMENTED A ROADMAP: <ol style="list-style-type: none"> 1. REFLECT AND STRATEGIZE 2. IDENTIFY AND ENGAGE STAKEHOLDERS 3. DEFINE THE COMMUNITY 4. COLLECT AND ANALYZE DATA 5. PRIORITIZE COMMUNITY HEALTH ISSUES 6. DOCUMENT AND COMMUNICATE RESULTS 7. PLAN IMPLEMENTATION 8. IMPLEMENT 9. EVALUATE • TAKE AWAYS FROM VENTURA’S MPA: DATA SPURS ACTION, INNOVATION CREATES OPPORTUNITIES, PARTNERSHIPS AND COLLABORATIONS LEADING TO ACTION • STEPS AND STAGES IN THE LOCAL AGING AND DISABILITY ACTION PLANNING (LADAP): <ul style="list-style-type: none"> ○ DSS ADULT SERVICES WORKS TO OUTREACH ALL AREAS OF THE COUNTY ○ HEARING FROM ALL COMMUNITIES AND RURAL AREAS ○ STAKEHOLDER FOCUS GROUPS ○ ATTAINABLE AND MEASURABLE GOALS ○ STRATEGICALLY MIXING SERVICE PROVIDERS AND SUSTAINABLE FUNDING ○ COUNTYWIDE PARTNERSHIPS AND SOLUTION PROPOSALS • THE MEMBERS OF THE AD HOC COMMITTEE HAVE STATED THEY WISH TO CONTINUE IN THAT CAPACITY – MOTION TO APPROVE WILL FOLLOW ON AGENDA • LOCAL MPA ACTION PLANNING: DEVELOP NETWORKING PARTNERSHIP WITH VENTURA COUNTY, OUTREACH TO OTHER COUNTIES AND AGENCIES WHO WERE AWARDED CDA GRANTS, WORK WITH DSS ADULT SERVICES TO IMPLEMENT LOCAL PLANNING GRANT, DEVELOP COALITION AND DATA TO SUPPORT LOCAL PLANNING, AND REPORT MONTHLY TO ASPC • PROVIDE FOR AN ASPC CONTINUUM OF CARE UPDATE: HIGHLIGHTING SERVICE STRENGTHS AND ALIGNING WITH LOCAL MPA PLANNING, FURTHER OPPORTUNITIES FOR COMMUNICATIONS AND COLLABORATION WITH AAA, COA, ADRC, HEALTH AGENCY, PUBLIC HEALTHY COMMUNITY CARE COALITION, WHOLE PERSON WELLNESS PILOT PROJECT, HOMELESS SERVICES, BEHAVIORAL HEALTH, CENCAL CAL AIM, ETC. • AD HOC COMMITTEE WISHES TO EXPLORE OPTIONS FOR IMPLEMENT A CASE MANAGEMENT PROGRAM FOR FREE OR LOW COST CARE MANAGEMENT FOR OLDER ADULTS, FAMILY CAREGIVERS, ETC • FOR THE DEVELOPMENT OF ASPC RECOMMENDATIONS REGARDING LOCAL MPA PLANNING AND OTHER TOPICS FOR PRESENTATION TO THE COUNTY BOS FOR FY 2023-204 Q2. RECOMMENDATIONS SHOULD BE SCHEDULED TO COINCIDE WITH COUNTY BUDGET PLANNING CYCLES FOR THE UPCOMING FY

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> • ASPC TO WORK WITH COA TO PROVIDE ALIGNMENT IF FEASIBLE ON RECOMMENDATIONS TO BOS • ASPC ADVISORY COMMITTEE NEXT STEPS: <ul style="list-style-type: none"> ○ DEVELOP AND REPORT BACK MONTHLY ON MPA AND LOCAL GRANT ○ LOOK FORWARD TO MID-2024 AND FUTURE GOALS
Corrections/Additions to the Synopsis	<ul style="list-style-type: none"> • SYNOPSIS ACCEPTED WITH NO CORRECTIONS
Action Items	<p>APPROVE</p> <p>A MOTION WAS MADE BY JERRY MIHAIC TO APPROVE THE SYNOPSIS AS WRITTEN. NELL BENNETT SECONDED THE MOTION. ALL APPROVED. CARRIED.</p> <p>A MOTION WAS MADE BY TAURIA LINALA THAT ASPC Ad Hoc Advisory Committee continues in its capacity. PAULINA FLORES JIMENEZ SECONDED THE MOTION. ALL APPROVED. CARRIED.</p> <p>A MOTION WAS MADE BY KAREN JONES TO MAKE AN ACTION ITEM FOR THE NEXT ASPC MEETING TO CREATE A LEGISLATIVE COMMITTEE FOR THE 2024 LEGISLATIVE PLATFORM FOR THE COUNTY OF SAN LUIS OBISPO. TAURIA LINALA SECONDED MOTION. ALL APPROVED. CARRIED.</p>
Committee Updates as Needed	<p>Francine Levin - Update on Healthy Brain Initiative:</p> <ul style="list-style-type: none"> • SLO County was awarded \$706,000 in funding • Waiting on CDPH to get fully executed contracts • First six months of grant will be focused on needs assessment • Public Health will be working with DSS as well moving forward <p>Tauria Linala – Ad Hoc Committee Recommendations</p> <ul style="list-style-type: none"> • Motion made by Tauria Linala for ASPC to move following recommendations to Action Items for September: work with staff and grant consultant reporting back to ASPC, update the Continuum of Care document, explore implementing care management, strengthening visibility of ASPC annual report to the BOS. Seconded by Jimmy Paulding. All in favor. Carried.

The next meeting is: **Friday, September 1st 2023** Time: 9:00 AM

Location: 3563 Empleo Street, San Luis Obispo