

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council
Behavioral Health Board
Commission on Aging
County Board of Supervisors
Health Commission
SLO Supportive Housing Consortium

Elected Officials

CA Senator John Laird, 17th District
U.S. Congressman Salud Carbajal, 24th District

Non-Profit Agencies

Access Support Network
Alzheimer's Association
Area Agency on Aging
CenCal Health
Central Coast Hospice
Coast Caregiver Resource Center
Community Action Partnership of SLO (CAPSLO)
Community Health Centers (CHC)
Dignity Health-French Hospital Medical Center
Gala Pride and Diversity Center Senior Advocacy
Hospice of SLO County
Independent Living Resource Center
Lifesteps Foundation
Los Osos Cares
LTC Ombudsman Services of SLO County
North County Connection
PathPoint
Peoples' Self Help Housing
Ride-On Transportation
San Luis Obispo Legal Assistance Foundation
Senior Nutrition Program
Senior Volunteer Services (RSVP/3CV/PLS)
SLO Hep C Project
SLO Hotline
San Luis Obispo Legal Assistance Foundation
SLO Village
Transitions-Mental Health Association
Tri-Counties Regional Center
United Cerebral Palsy
United Way of SLO County
Wilshire Community Services

Private Organizations

Amdal In-Home Care
Bella Vista Transitional Care
Home Instead Senior Care
Mariposa Music Therapy/Arts for Living
Maxim Healthcare Services
Ridership Development Consultants
Senior Living Consultants

Public Agencies

San Luis Coastal Adult School
San Luis Obispo Council of Governments

San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services
District Attorney / Victim Witness Assistance
Public Health
Probation Department
Sheriff Department
Social Services/Adult Services

Chair: Linda Loebis

Immediate Past Chair: Laura DeLoye

First Vice Chair: Riley Smith

Second Vice Chair: Savannah Gil

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AGENDA

Friday, February 3rd, 2023

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS and ANNOUNCEMENTS: (30 Minutes)

New developments for the population, agency, or program changes that affect other agencies or programs

PUBLIC COMMENT: (5 Minutes or less)

MEMBER COMMENT/SPOTLIGHT: (10 Minutes or less)

-

GUEST SPEAKERS: (45 Minutes)

- **SLOCOG Travel Training Office Mobility Specialist for SLO Co. Savannah Gil**

CORRECTIONS / ADDITIONS TO THE SYNOPSIS:

ACTION ITEMS: (10 Mins)

- **Approve Synopsis**

COMMITTEE UPDATES AS NEEDED (10 minutes or less)

- **Health Decision Making and Care**
- **Vaccine Update**

MEETING LOCATION:

This month's meeting will be available via Zoom

The Zoom link:

Zoom link: <https://us06web.zoom.us/j/85837371105>

Dial In: 669-900-6833

Meeting ID: 858 3737 1105

NEXT MEETING:

Friday, March 3rd, 2023

MEETING MINUTES

COMMITTEE NAME: ADULT SERVICES POLICY COUNCIL

Meeting Purpose(s): Working together to meet the health and human service needs of _____
 adults and seniors. Our vision is safe and supported adults and seniors with
 access to a full continuum of resources and independence wherever they reside.

Leader: Linda Loebis
 Facilitator: Savannah Gil
 Recorder: Samuel Graves

Meeting Called By: Linda Loebis
 Time: From: 9:00 AM To: 11:00 AM
 Date: Friday, February 3rd, 2023

Location: Via Zoom

Members Present:

- | | |
|---|--|
| 1. Kim Chartrand – Hospice SLO | 14. Linda Beck – Participant of Older Adult Advocate |
| 2. April Lewallen – Path Point | 15. Jessica Devereaux – Wilshire Community Services |
| 3. Hannah Mills-Fragione – Central Coast Caregivers Resource Center | 16. Siboney Lopez - DSS |
| 4. Carmen Garcia – California Phones | 17. Sam Graves - DSS |
| 5. Savannah Gil - SLOCOG | 18. Aaron Pankratz – Central Coast Commission for Sr. Citizens |
| 6. Laura DeLoye – Alzheimer’s Association | 19. Paul Garth – HUD / VASH |
| 7. Karen Jones – Long Term Care Ombudsman Services | 20. Mark Shaffer – Ride On / Cerebral Palsy |
| 8. Julieane McAdam – Meals That Connect | 21. Sue Gibson – SLO Senior Care |
| 9. Andrea Keisler - Community Programs Director SLO Food Bank | 22. Daniella Raiss – Adult Protective Services |
| 10. Ron Torres – Senior Care SLO | 23. Sergio Cendejas– Alzheimer’s Association Central Coast Chapter |
| 11. Jerry Mihaic - Independent Living Resource Center | 24. Nancy Puder – Sea Coast Seniors |
| 12. Jimmy Paulding - District 4 Supervisor | 25. Michelle Zulim-Clark – County of SLO Public Health |
| 13. Anna Wyatt – Smart Share Housing | 26. Tauria Linala – GPDC Senior Advocacy & SLO Village |
| 27. Alexandra Morris – Geriatric Care Management | 30. Angela Maya – North Fork Rancheria Tribal TANF |
| 28. Bernie Rubio – SLO Health Dept. Patient Services | 31. Karen Florian – Coast Care Giver Resource Center |
| 29. Rick Gulino – People’s Self Help Housing | 32. Riley Smith – United Way of SLO – Tax Assistance Program Manager |

| AGENDA ITEMS | COMMENTS/CONCLUSIONS/ACTIONS (IF ANY) |
|--|---|
| <p>Introductions and Announcements</p> | <p>KAREN JONES</p> <ul style="list-style-type: none"> • SEE'S CANDY FUNDRAISER UPCOMING. LINK WILL BE SENT OUT WITHIN A COUPLE WEEKS. • OMBUDSMAN PROGRAM IS LOOKING FOR VOLUNTEERS • TRACKING NURSING HOMES IN SLO COUNTY FOR ACCEPTANCE RATES OF NON-HOSPITAL, COMMUNITY CLIENTS <p>AARON PANKRATZ</p> <ul style="list-style-type: none"> • NEEDS ASSESSMENT REPORT IS AVAILABLE ONLINE. WILL BE RELEASING RFP FOR NEXT YEAR. FOLLOW UP MEETING ON FRIDAY FEB 10TH FOR THOSE WHO ARE INTERESTED • ZOOM MEETING LISTENING SESSION FOR THE COMMUNITY TO PROVIDE PUBLIC COMMENT WILL BE HELD ON MARCH 2ND <p>PAUL GARTH</p> <ul style="list-style-type: none"> • NATIONWIDE GOAL TO HOUSE 38,000 VETERANS WAS EXCEEDED IN 2022. THERE WERE OVER 41,000 PLACEMENTS. <p>SUE GIBSON</p> <ul style="list-style-type: none"> • WILL BE REPORTING TO THE SLO COMMISSION ON AGING AS LIAISON FOR DISTRICT 2 • FEBRUARY 8TH THE ALZHEIMER'S ASSOCIATION IN TEMPLETON WILL BE HOSTING AN EVENT FROM 5:30 – 7:30 PRESENTING NEWEST INFORMATION ON ALZHEIMER RESEARCH. FREE EVENT. <p>DANIELLE RAISS</p> <ul style="list-style-type: none"> • APS NOW HAS THREE TRANSITIONAL HOUSING UNITS FOR MEDICALLY-FRAGILE INDIVIDUALS . HOUSING IS AVAILABLE FOR UP TO 30/90 DAYS. <p>LAURA DELOYE</p> <ul style="list-style-type: none"> • RESEARCH RECEPTION WILL BE HELD ON WEDNESDAY FEBRUARY 8TH. RSVP REQUIRED. • CAREGIVER RETREAT ON SATURDAY WILL BE HELD ON FEBRUARY 11TH FROM 10 AM – 2 PM IN CONJUNCTION WITH CAPSLO ADULT DAY CENTER. FREE OF CHARGE & LUNCH PROVIDED. • LIVING WELL: OLDER & ACTIVE ADULT RESOURCE FAIR WILL BE HELD ON FEBRUARY 14TH FROM 9:30 TO 11:30 • INTRODUCED SERGIO CENDEJAS AND SARAH CHENG (CAL POLY INTERN) <p>SAVANNAH GIL</p> <ul style="list-style-type: none"> • REMINDER THAT THE DEADLINE FOR UNMET TRANSIT NEEDS & BICYCLE/PEDESTRIAN IMPROVEMENT SURVEY IS FEBRUARY 10TH <p>NANCY PUDER</p> <ul style="list-style-type: none"> • SEA COAST WILL BE OFFERING A SEMINAR ON "DOWNSIZING & DECLUTTERING" <p>ANNE WYATT</p> <ul style="list-style-type: none"> • SMARTSHARE HAS ORDERED A FACTORY-BUILT TINY HOUSE TO DEMONSTRATE HOW SMALL HOUSING COULD WORK FOR COMMUNITY MEMBERS <p>RICK GULINO</p> <ul style="list-style-type: none"> • PEOPLE'S SELF HELP HOUSING IS CURRENTLY BUILDING FOUR PROPERTIES IN SLO COUNTY |
| <p>Public Comment</p> | <p>NONE</p> |

| AGENDA ITEMS | COMMENTS/CONCLUSIONS/ACTIONS (IF ANY) |
|-----------------------------|--|
| Member Comment/Spotlight | NONE |

| AGENDA ITEMS | COMMENTS/CONCLUSIONS/ACTIONS (IF ANY) |
|--|---|
| <p>Guest Speakers</p> <p>Savannah Gil (SLOCOG)</p> | <p>INFORMATION</p> <ul style="list-style-type: none"> • OPERATES THE TRAVEL TRAINING OFFICE FOR SLOCOG AND ACTS AS INITIAL POINT OF CONTACT FOR CUSTOMERS • THE PROGRAM THAT OFFERS ALL TRANSPORTATION INFORMATION IS CALLED “KNOW HOW TO GO” • OFFERS TRAVEL PLANNING AND TRAINING SESSIONS WITH CERTIFIED TRAVEL TRAINER <p>SERVICES</p> <ul style="list-style-type: none"> • “KNOW HOW TO GO” AIMS TO HELP SLO COUNTY RESIDENTS AND VISITORS FIGURE OUT TRANSPORTATION OPTIONS SUCH AS SHUTTLES, BIKING, CARPOOL, TAXIS, VOLUNTEER DRIVING, AND PUBLIC TRANSIT • FIVE MAJOR TRANSIT SERVICES ARE OFFERED IN SLO COUNTY: <ul style="list-style-type: none"> ○ MST – SERVICES MONTEREY COUNTY, SANTA CRUZ COUNTY, AND ENTERS INTO SAN LUIS OBISPO COUNTY AT PASO ROBLES AND SAN MIGUEL. MST LINE 84 CONNECTS TO THE PASO ROBLES TRANSIT CENTER ○ MORRO BAY TRANSIT – SERVICES CITY OF MORRO BAY AND OFFERS CALL-A-RIDE SERVICE WITHIN ¾ MILE OF FIXED ROUTE ○ RTA – SERVICES SLO COUNTY WITH 12 FIXED ROUTES AND OFFERS DIAL-A-RIDE ○ SLO TRANSIT – SERVICES CITY OF SLO WITH 8 FIXED ROUTES AND 4 EXPRESS ROUTES ○ SoCo TRANSIT - SERVICES SOUTH COUNTY WITH 4 FIXED AND FREE AVILA-PISMO TROLLEY • A TRAVEL TRAINER CAN HELP INDIVIDUALS GET FAMILIAR WITH ROUTES AND HOW TO RIDE THE BUS • ALL TRANSIT SERVICES OFFER FREE RIDES TO SENIORS AGED 80+ WITH A VIP CARD, AND TO ADA CARDHOLDERS (ADA-CERTIFIED BY RTA). DISCOUNTED RATES TO SENIORS AGED 65-79, MEDICARE CARDHOLDERS, AND INDIVIDUALS WITH DISABILITIES • TRANSIT PASS OUTLETS ARE AVAILABLE AT VARIOUS CITY HALLS, CHAMBERS OF COMMERCE, AND PUBLIC WORKS OFFICES, OR VIA THE TOKEN TRANSIT APP • AMTRAK STATIONS AVAILABLE IN SLO, GROVER BEACH AND PASO ROBLES • SHUTTLE SERVICES OFFER REGIONAL, LOCAL, VOLUNTEER AND SPECIALIZED OPTIONS • “SENIOR GO” IS A TRANSPORTATION SERVICE OFFERED FOR SENIORS 65+ WITH DESTINATIONS ANYWHERE IN THE COUNTY • “RIDE-ON” OFFERS VARIOUS TRANSPORTATION PROGRAMS, SUCH AS RIDE ON EXPRESS, ACCESS SHUTTLE, AND COMMUNITY INTERACTION PROGRAM. IT OPERATES 24/7 THROUGHOUT SLO COUNTY • “SLO SAFE RIDE” OFFERS TRANSPORTATION FOR LARGE GROUPS WITH DESTINATIONS ANYWHERE ON THE CENTRAL COAST • “PACIFIC COAST MEDICAL TRANSPORT” OFFERS 24/7 DOOR-TO-DOOR TRANSPORTATION OPTIONS FOR MEDICAL APPOINTMENTS & PERSONAL OUTINGS WITH DESTINATIONS ANYWHERE ON THE CENTRAL COAST • CITY OF ATASCADERO OFFERS ITS OWN DIAL-A-RIDE OPTION • VOLUNTEER DRIVER PROGRAMS OFFER TRANSPORTATION FOR SENIORS AND INDIVIDUALS WITH DISABILITIES FOR FREE OR A SMALL FEE • SPECIALIZED SHUTTLES ARE AVAILABLE FOR VETERANS, MEDICAL APPOINTMENTS AND NON-EMERGENCY MEDICAL TRANSPORTS. SPECIALIZED SHUTTLES ARE AVAILABLE THROUGH RTA • “ACCESS FOR ALL PROGRAM” AVAILABLE THROUGH SLOCO FOR INDIVIDUALS WITH DISABILITIES AND SUPPLIES ADA-COMPLIANT VEHICLES |

| AGENDA ITEMS | COMMENTS/CONCLUSIONS/ACTIONS (IF ANY) |
|---------------------------------------|---|
| | <ul style="list-style-type: none"> • "RIDE-ON" OFFERS VETERAN EXPRESS SHUTTLES • CENCAL HEALTH AND COMMUNITY HEALTH CENTERS OFFER MEDICAL PATIENT SHUTTLES • AMDAL AND CARE CONNECTIONS OFFER NON-EMERGENCY MEDICAL SHUTTLES |
| Corrections/Additions to the Synopsis | SYNOPSIS ACCEPTED WITH CORRECTIONS NOTATED |
| Action Items | <p>APPROVE JANUARY 2023 SYNOPSIS</p> <p>A MOTION WAS MADE BY TAURIA LINALA TO APPROVE THE SYNOPSIS WITH CORRECTIONS MADE: APRIL LEWALLEN SECONDED THE MOTION</p> |
| Committee Updates as Needed | <p>HEALTH DECISION MAKING AND CARE</p> <ul style="list-style-type: none"> • HOSPICE SLO COUNTY OFFERING QUARTERLY, VOLUNTEER CAREGIVING TRAINING • VACCINE UPDATED REPORTS TO BE REMOVED FROM AGENDA |

The next meeting is: Friday, March 3, 2023
Location: Via Zoom

Time: 9:00 AM