

ADULT SERVICES POLICY COUNCIL

Working together to meet the health and human service needs of adults and seniors. Our vision is safe and supported adults & seniors with access to a full continuum of resources & independence wherever they reside.

Chair: Karen Jones

Immediate Past Chair: Laura DeLoye

First Vice Chair: Paulina Flores Jimenez

Second Vice Chair: April Lewallen

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Boards, Commissions and Community Representatives/Volunteers

Adult Abuse Prevention Council

Behavioral Health Board

Commission on Aging

County Board of Supervisors

Health Commission

SLO Supportive Housing Consortium

Elected Officials

CA Senator John Laird, 17th District

U.S. Congressman Salud Carbajal, 24th District

Non-Profit Agencies

Access Support Network

Alzheimer's Association

Area Agency on Aging

CenCal Health

Central Coast Hospice

Coast Caregiver Resource Center

Community Action Partnership of SLO (CAPSLO)

Community Health Centers (CHC)

Dignity Health-French Hospital Medical Center

Gala Pride and Diversity Center Senior Advocacy

Hospice of SLO County

Independent Living Resource Center

Lifesteps Foundation

Los Osos Cares

LTC Ombudsman Services of SLO County

North County Connection

PathPoint

Peoples' Self Help Housing

Ride-On Transportation

San Luis Obispo Legal Assistance Foundation

Senior Nutrition Program

Senior Volunteer Services (RSVP/3CV/PLS)

SLO Hep C Project

SLO Hotline

San Luis Obispo Legal Assistance Foundation

SLO Village

Transitions-Mental Health Association

Tri-Counties Regional Center

United Cerebral Palsy

United Way of SLO County

Wilshire Community Services

Private Organizations

Amdal In-Home Care

Bella Vista Transitional Care

Home Instead Senior Care

Mariposa Music Therapy/Arts for Living

Maxim Healthcare Services

Ridership Development Consultants

Senior Living Consultants

Public Agencies

San Luis Coastal Adult School

San Luis Obispo Council of Governments

San Luis Obispo County Departments of:

Behavioral Health /Mental Health Services

District Attorney / Victim Witness Assistance

Public Health

Probation Department

Sheriff Department

Social Services/Adult Services

AGENDA

Friday, June 7th, 2024

9:00 a.m. - 11:00 a.m.

INTRODUCTIONS (15 Minutes or less)

Name and position within respective organization.

PUBLIC COMMENT / ANNOUNCEMENTS: (5 Minutes or less)

MEMBER COMMENT/SPOTLIGHT: (15 Minutes or less)

- **Laura DeLoye**

GUEST SPEAKERS: (45 Minutes)

- **Francine Levine and Paulina Flores Jimenez – Healthy Brain Initiative**

CORRECTIONS / ADDITIONS TO THE SYNOPSIS

ACTION ITEMS: (10 Mins)

- **Approve Synopsis**

COMMITTEE UPDATES AS NEEDED (10 minutes or less)

- **MPA Advisory Committee**
- **Healthy Brain Initiative**
- **Elect 2nd Vice Chair**

MEETING LOCATION:

**DSS Higuera Conference Room #101
3433 S. Higuera St, San Luis Obispo**

NEXT MEETING:

August 2nd, 2024

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
Introductions	
Public Comment	<p>LAURA DELOYE</p> <ul style="list-style-type: none"> • ONLINE AND IN-PERSON SUPPORT GROUPS ONGOING FOR DEMENTIA CAREGIVERS <p>JERRY MIHAIC</p> <ul style="list-style-type: none"> • HEALTH AND YOUTH FORUM ON JUNE 11TH <p>MONIQUE MATTA</p> <ul style="list-style-type: none"> • INTERESTED IN EXPANDING RESOURCES AVAILABLE TO ADULT PATRONS OF THE LIBRARY <p>MARK SHAFFER</p> <ul style="list-style-type: none"> • RIDEON IS OFFERING THEIR DRIVERS TO BE DRIVE FOR OTHER ORGANIZATIONS AND IS ALSO OFFERING TRAINING FOR CLASS B DRIVERS <p>FRANCINE LEVINE</p> <ul style="list-style-type: none"> • ONGOING STRENGTH AND BALANCE CLASSES ON PUBLIC HEALTH WEBSITE <p>KAREN JONES</p> <ul style="list-style-type: none"> • NEW OMBUDSMAN TRAINING AVAILABLE • SOME RESIDENTIAL FACILITIES HAVE PLACED LANGUAGE IN THEIR ADMISSIONS AGREEMENTS WHICH MAKES THE SIGNEE PERSONALLY LIABLE FOR DEBTS INCURRED. RECOMMEND REVIEWING AGREEMENTS WITH LEGAL SERVICES PRIOR TO SIGNING
Member Spotlight	<ul style="list-style-type: none"> • N/A
Guest Speakers	<p>BECCA CARSEL, FRANCINE LEVINE, PAULINA FLORES JIMENEZ – HEALTHY BRAIN INITIATIVE COMMUNITY NEEDS ASSESSMENT</p> <ul style="list-style-type: none"> • AGENDA: <ul style="list-style-type: none"> ○ WHY HBI? DATA ON AGING AND DEMENTIA ○ NEEDS ASSESSMENT PROCESS ○ WHAT WE HEARD FROM THE COMMUNITY ○ HBI FOCUS AREAS ○ NEXT STEPS • POPULATION IS AGING, DEMENTIA NUMBERS GROWING <ul style="list-style-type: none"> ○ SLO COUNTY RESIDENTS OVER THE AGE OF 65 ARE ESTIMATED TO INCREASE FROM 23% OF THE COUNTY’S POPULATION IN 2020 TO 31% IN 2040 ○ RESIDENTS AGES 85+ ARE PROJECTED TO INCREASE BY NEARLY 200% AND WILL COMPRISE 7% OF THE COUNTY’S POPULATION BY 2040 ○ DUE TO THE INCREASE IN THE NUMBER OF SENIORS, THE NUMBER OF RESIDENTS AGES 65+ WHO ARE EXPERIENCING DEMENTIA IS EXPECTED TO INCREASE BY 128% FROM 2019 TO 2040 ○ LATINO POPULATION IS AGING AND HAVE MORE RISK FACTORS; NUMBER OF LATINO RESIDENTS AGES 65+ EXPERIENCING DEMENTIA IS EXPECTED TO INCREASE BY 258% FROM 2019 TO 2040 ○ LOW-INCOME ADULTS AT HIGHER RISK FOR DEMENTIAS DUE TO INCREASED RISK FACTORS CAUSED BY SOCIAL DETERMINANTS OF HEALTH

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> • NEEDS ASSESSMENT PROCESS <ul style="list-style-type: none"> ○ SURVEYED 94 LOW-INCOME, PRIMARILY LATINO, COMMUNITY MEMBERS IN NORTH, CENTRAL AND SOUTH COUNTY AT MEXICAN CONSULATE EVENT AND FOOD BANK DISTRIBUTIONS TO ASSESS INTEREST IN EDUCATION AND CURRENT NEEDS ○ FOCUS GROUPS WITH ADULT SERVICES POLICY COUNCIL AND WITH PROMOTORES COLLABORATIVE MEMBERS TO IDENTIFY EXISTING RESOURCES, NEEDS, AND BARRIERS ○ DOCUMENT REVIEW OF RELATED LOCAL DATA, SURVEYS, AND NEEDS ASSESSMENTS ○ PUBLIC HEALTH’S HEALTHY AGING NEWSLETTER SURVEY • COMMUNITY NEEDS IDENTIFIED <ul style="list-style-type: none"> ○ MORE EDUCATION ○ TOPICS: HEALTHY BRAIN STRATEGIES, DEMENTIA RISK FACTORS, SIGNS OF DEMENTIA, LOCAL RESOURCES ○ OVER 75% OF RESIDENTS SURVEYED WANTED TO LEARN MORE ABOUT IMPROVING BRAIN HEALTH AND PREVENTING DEMENTIAS ○ INCREASED RESOURCES ○ PATIENT SERVICES, INCLUDING PROVIDERS, CARE FACILITIES, RESPITE CARE ○ CAREGIVER SERVICES, INCLUDING SUPPORT GROUPS, EDUCATION, AND RESPITE CARE ○ GREATER AWARENESS AND KNOWLEDGE AMONG HEALTH CARE PROVIDERS ○ CAREGIVER SUPPORT RESOURCES ○ SKILLS FOR WORKING WITH PATIENTS WITH DEMENTIA • HBI PROJECT RESPONSE <ul style="list-style-type: none"> ○ FOCUSING ON AREAS OF NEED THAT PUBLIC HEALTH DEPARTMENT AND PARTNERS CAN BEST ADDRESS: ○ COMMUNITY EDUCATION ON BRAIN HEALTH AND DEMENTIA RISKS/SIGNS ○ WORKSHOPS, OUTREACH, MEDIA CAMPAIGNS, NEWSLETTER, WEBPAGE ○ MULTI-LINGUAL IN SPANISH AND ENGLISH ○ CAREGIVER SUPPORT AND EDUCATION ○ WITH ALZHEIMER’S ASSOCIATION ○ TRAINING OF PUBLIC HEALTH PROFESSIONALS ○ TRAINING PROVIDED BY PUBLIC HEALTH/INJURY PREVENTION STAFF ○ TRAINEES INCLUDE PUBLIC HEALTH STAFF, ASPC, DSS ADULT PROTECTIVE SERVICES, LATINO OUTREACH COUNCIL, FARMWORKER OUTREACH, PROMOTORES ○ TRAINING OF MEDICAL PROVIDERS ○ WITH ALZHEIMER’S ASSOCIATION • NEXT STEPS <ul style="list-style-type: none"> ○ ALIGNMENT AND SUSTAINABILITY ○ WRITE FORMAL HBI STRATEGIC PLAN ○ STAY ALIGNED WITH DSS MASTER PLAN ON AGING DEVELOPMENT ○ CONTINUE TO SEEK ADVICE FROM ASPC, OUR HBI ADVISORY COMMITTEE ○ EMBED HBI IN FALL PREVENTION, NOW HEALTHY AGING, FOR SUSTAINABILITY ○ SEEK FUTURE FUNDING

AGENDA ITEMS	COMMENTS/CONCLUSIONS/ACTIONS (IF ANY)
	<ul style="list-style-type: none"> ○ IMPLEMENTATION ○ GRANT ACTIVITIES FUNDED THROUGH JUNE, 2025 ○ DEVELOP SPANISH-LANGUAGE EDUCATION MATERIALS AND OUTREACH EFFORTS FOCUSED ON LATINO POPULATION ○ FALL 2024 IMPLEMENTATION OF “TAKE ON ALZ” MEDIA CAMPAIGN ● TAKE ON ALZ (TAKEONALZ.ORG) IS INFORMED BY RESEARCH BY ALZHEIMER’S ASSOCIATION TO PROMOTE AWARENESS OF THE SIGNS, EARLY DIAGNOSIS, SUPPORT FOR CAREGIVERS, AND WORKFORCE DEVELOPMENT <ul style="list-style-type: none"> ○ THE WEBSITE HAS PAGES AVAILABLE: KNOW THE SIGNS, HOW TO SUPPORT A HEALTHY BRAIN, FIND A PATH FORWARD, RESOURCES FOR ALZHEIMER’S CARE, MEDIA & OUTREACH RESOURCES ○ PLANS FOR IMPLEMENTATION INCLUDE PAID ADVERTISING (BUS, RADIO, ONLINE) AND ALCANCE IN THE COMMUNITY BY THE PROMOTORES COLLABORATIVE AND SOCIAL MEDIA
Corrections/Additions to the Synopsis	<ul style="list-style-type: none"> ● SYNOPSIS ACCEPTED WITH NO CORRECTIONS.
Action Items	<ul style="list-style-type: none"> ● N/A
Committee Updates as Needed	<p>LOCAL MPA ADVISORY COMMITTEE</p> <ul style="list-style-type: none"> ● SENIOR CONSULTANT DARI POGACH OF HEALTH MANAGEMENT ASSOCIATES IS SUPPORTING ADVISORY COMMITTEE TO CREATE LOCAL AGING DISABILITY ACTION PLAN. CURRENTLY IN AN OUTREACH PHASE TO GET SUPPORT FOR LOCAL PLAN AND ENLIST THEIR SUPPORT IN FURTHER OUTREACH, IN PARTICULAR WITH A LENS TO MAXIMIZING PARTICIPATION OF MARGINALIZED POPULATIONS. PREPARING TO EDUCATE AND INFORM COUNTY RESIDENTS. THERE ARE PLANS TO HOLD VIRTUAL SESSIONS IN ENGLISH AND SPANISH AND BASED ON FEEDBACK POTENTIAL PLANS FOR IN PERSON SESSIONS. SOCIAL MEDIA AND TOWN HALLS WILL BE UTILIZED. ADVISORY COMMITTEE INTENDS TO IDENTIFY GAPS. ASKING FOR PUBLIC RECOGNITION FROM LOCAL OFFICIALS.

The next meeting is: August 2nd, 2024

Time: 9:00 AM

Location: 3433 South Higuera St, San Luis Obispo, CA 93401 Conference Room #101