



When the **STRESS** becomes too much
and the **SOLUTION** is not at hand

CALL THE PARENT CONNECTION HELPLINE

Parent Coaches are waiting to listen and give support.
Connecting Parents With A Community That Cares


Helpline
Parent Connection
805-904-1411

Funding provided by MHSA PEI

 **Parent Connection**
of San Luis Obispo County
www.sloparents.org

ASPIRAnet
www.aspiranet.org

FREE • CONFIDENTIAL • 24/7