

SAN LUIS OBISPO COUNTY COMMISSION ON AGING

www.slocounty.ca.gov/coa.htm

Meeting Date: Wednesday July 26, 2023
Time: 10:00 am - Noon
Location: **DSS Building, 3433 South Higuera Street, Room #101, SLO**

- ✓ Call to Order
- ✓ Flag Salute (please stand if able)
- ✓ Check/announce meeting being recorded.
- ✓ Public Comment and Member/Agency Updates – *burning desires from members or guests about current concerns, issues, scams - 2 min. max*

Introductions: Members and Guests (please provide your name, Commission position, and brief agency description)

Member rollcall: Chair establish Quorum

Approve Minutes: June 28, 2023

Presentation: **Participating in the County's Emergency Operations Plan Development - Interactive Q&A discussion focused on Senior Safety needs during emergencies**

Presenter: **Anita Konopa, Emergency Services Coordinator**

Break 10 minutes

Reports:

ASPC (5 min) – Jerry Mihaic

AAA (5 min) – Ron Torres

Hot Legislation Regarding Seniors (5 min) – Anne McCracken

Unfinished Business:

Results from June's Brainstorming Meeting - Maryanne

New Business:

Moving forward with Brainstorming results – next steps?

Meeting is moving in September-December to Empleo Street

November Meeting cancelled – Thanksgiving (December is a GO!)

Next Meeting: August 23, 2023 – Veterans Panel (Bring a Senior Veteran!)

DSS Building, 3433 South Higuera Street, Room #101, SLO

Please submit agenda and program items, ideas, and feedback to slocommissionaging@gmail.com

SAN LUIS OBISPO COUNTY COMMISSION ON AGING
Department of Social Services 3433 South Higuera St Room #101
San Luis Obispo
July 26th, 2023 Minutes

In attendance: Maryanne Zarycka, Sue Gibson, Anita Shower, Jerry Mihaic, Mara Whitten, Mike Bossenberry, Kris Allen, Louise Justice, Ron Torres, Paulina Flores Jimenez, Alexis Okumura, Linda Beck, Paige Anderson, Charmaine Petersen

Guests: Sam Graves, Mackenzie Pflagl, Rod Brown, Debbie Davin, Danielle Raiss, Jamie Moothart, Elizabeth Potter, Alex Morris, Clay Fauch, Kristi Edwards

Absent: Anne McCracken, Aracely Maldonado, Bill Degnan, Paul Worsham, Nancy Puder

Call to Order: 10:00 am

Flag Salute.

“Meeting is Being Recorded” Announcement

Public Comment:

- Louise Justice: City of SLO has a ribbon-cutting ceremony on August 2nd to initiate two new electric buses, and council has approved funding for four more. There will also be a special counsel meeting on Monday with People’s Self Help Housing regarding the conversion of an existing Motel 6 into housing for those in need
- Kris Allen: Reminder to check on elderly neighbors and family members during the summer heat wave
- Mike Bossenberry: On Sept 24th there will be the annual Suicide Prevention Summit, and in October there will be the annual Suicide Prevention Forum
- Mara Whitten: On September 16th the Alzheimer’s Association and Hospice SLO will be putting on a caregivers’ retreat at the adult day center in Paso Robles
- Maryanne Zarycka: Today’s agenda has been amended, Anne McCracken will not be reporting

Introductions: Guests & Members

Members and Guests introduced themselves and their role in the community as well as with the Commission.

Approve 06/28/23 Minutes: Motion by Mike Bossenberry was made to accept minutes with corrections as noted. Anita Shower seconded the motion. All in favor – passed unanimously.

Presentation:

Anita Konopa: SLO County Office of Emergency Services Q+A

- Office of Emergency Services Mission: Ensure that the county is prepared to respond and recover from emergencies and disasters by providing leadership, coordination, and support to minimize the loss of life and property. This is

achieved through an all-hazards emergency management program of mitigation, preparedness, response, and recovery.

- Hazards that the OES prepares for include:
 - Earthquakes
 - Dam Failure
 - Tsunami
 - Adverse Weather
 - Fire Response
 - Nuclear Power Plant
 - Pandemic
- What Does OES Do?
 - Write plans, including EOP
 - Train responders
 - Manage EOC
 - Alert and notify
 - Sheltering
 - Exercises
 - Emergency Response
 - Disaster Recovery
 - Logistics
- How Older Adults Can Prepare:
 - Know community disaster risk
 - Sign up for alerts and warnings
 - Identify people who can provide help
 - Create a contact list
 - Gather emergency supplies
- Alert and Warning:
 - Early Warning Sirens in the DCPD EPZ
 - Emergency Alert System via TV and radio
 - Wireless emergency alerts via cellphone
 - Reverse 911 (requires sign up)
 - NOAA Weather Radio (must be purchased)
- Develop Your Plan:
 - Communications Plan
 - Contact Info
 - Meeting Place
 - Evacuation Routes
 - Specifics to your household
 - American Red Cross templates
- Emergency Supply Kit:
 - Food/Water
 - Medications/Equipment
 - Clothing

- Blankets
- First Aid Kit
- Basic Supplies (radio, batteries, matches, can openers, etc)
- Hygiene products
- Cash
- What is an Emergency Operations Plan?
 - SLO EOP establishes overall policies and procedures for response to emergencies in a community
 - Provides an outline on preparing for, responding to and recovering from emergencies
- Planning Process:
 - Guidance to follow
 - Based on local hazards and processes
 - Whole community approach
- How You Can Help:
 - Meeting with groups to ensure planning for the entire community
- Feedback Needed:
 - Preparedness: What are the best methods to communicate with older adults? What information do older adults need to learn more about?
 - Public Information During Emergency: What are the preferred methods of receiving information? What information do you need in an emergency?
 - What else should OES know? What gets forgotten?

Co-Chair Updates:

- *None to Report*

Reports:

Jerry Mihaic – ASPC

- ASPC had no meeting in July – nothing to report

Ron Torres – AAA

- Senior farmers market coupons are being developed for county distribution
- Meals that Connect in Santa Barbara County is setting up more sites

Unfinished Business:

- July Brainstorming Results: #1: Housing – #2: Care Management and Support – #3a. Socialization – #3b. Education to Easily Navigate resources - #4. Transportation – #5. Health and Wellness –#6. Medical Support – #7. Legal Advocacy – #8. County Agency Support

Next Meeting: August 23, 2023 – Bring a Senior!

Minutes submitted by Sam Graves. Reviewed by Co-Chairs.

COUNTY OF SAN LUIS OBISPO EMERGENCY OPERATIONS PLAN



OES MISSION

The Office of Emergency Services ensures that the county is prepared to respond and recover from emergencies and disasters by providing leadership, coordination, and support to minimize the loss of life and property. This is achieved through an all-hazards emergency management program of mitigation, preparedness, response, and recovery.



WHAT ARE SOME HAZARDS OES PREPS FOR?

- Earthquakes
- Dam/Levee Failure
- Tsunami
- Adverse Weather
- Fire Response
- Nuclear Power Plant
- Pandemic



WHAT DOES OES DO?

- Write plans, including EOP
- Train responders
- Manage EOC
- Alert and notification
- Sheltering



WHAT DOES OES DO?

- Exercises
- Emergency Response
- Disaster Recovery
- Coordinate Logistics



HOW OLDER ADULTS CAN PREPARE

- Know community disaster risk
- Sign up for alerts and warnings *
- Identify people who can help you
- Develop your plan *
- Create a contact list
- Gather emergency supplies *



ALERT AND WARNING

- **Early Warning Sirens** – in the DCPPEPZ
- **Emergency Alert System** – television and radio
- **Wireless Emergency Alerts** – cellphone
- **Reverse 911** – requires sign up
- **NOAA Weather Radio** – must be purchased



DEVELOP YOUR PLAN



- Communications Plan
- Contact Info
- Meeting Place
- Evacuation Routes
- Specifics to your household
- American Red Cross templates

EMERGENCY SUPPLY KIT

- Food / Water
- Medications / Equipment
- Clothes
- Blanket
- First Aid Kit
- Basic Supplies (radio, batteries, matches, can opener, etc)
- Hygiene Products
- Cash



WHAT IS AN EMERGENCY OPERATIONS PLAN?

- **Our EOP** establishes overall policies and procedures for response to emergencies in a community.
- It is an outline on preparing for, responding to and recovering from emergencies.



PLANNING PROCESS

- Guidance to follow
- Based on local hazards and processes
- Whole community approach



HOW YOU CAN HELP US

- Meeting with groups to ensure we are planning for the entire community.
- Let's have a discussion!



FEEDBACK - PREPAREDNESS

What are the best methods to communicate with older adults?

What information do older adults need to learn more about?

FEEDBACK – PUBLIC INFORMATION DURING EMERGENCY



What are your preferred methods of receiving information?



What information do you need in an emergency?

FEEDBACK – EVACUATIONS / SHELTERING ASSISTANCE

TRANSPORTATION



SHELTER NEEDS

MEDICATION

ANIMALS



FEEDBACK – WHAT ELSE SHOULD WE KNOW?



WHAT ELSE SHOULD WE
KNOW?



WHAT GETS FORGOTTEN?



Questions / Feedback?

(805) 781-5678

ReadySLO.org

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