

# BEHAVIORAL HEALTH CRISIS SERVICES

## MOBILE CRISIS SERVICES

ANYONE • ANYWHERE • ANYTIME

**The Mobile Crisis Team (MCT)** provides crisis services to individuals in the community who are experiencing acute distress and require a rapid response and urgent care. The goal is to assist the individual in stabilizing and remaining in their own environment, prevent the need for higher levels of care, and avoid unnecessary emergency department care and law enforcement call-outs.

**The Mental Health Evaluation Team (MHET)** provides crisis services at the local hospitals for individuals experiencing a behavioral health crisis.

## CRISIS STABILIZATION UNIT

2180 JOHNSON AVE, UNIT B, SAN LUIS OBISPO, CA 93401

**The Crisis Stabilization Unit (CSU)** is a 24-hour voluntary short-term care facility that provides immediate behavioral health support and treatment services, including:

- De-escalation of a person's level of distress
- Prevention or treatment of a behavioral health crisis
- Reduction of acute symptoms of a mental health condition
- Medication support and monitoring services
- Referrals, resources, and peer support advocacy



## CONTACT US

### MOBILE CRISIS SERVICES

#### Community Members

To request a Mobile Crisis response, community members can call the Central Coast Hotline at 1-800-783-0607

### CRISIS STABILIZATION UNIT

#### Daily Walk-In Hours from 10am-9pm

To check availability, call 805-788-2507

Located on the SLO County Health Campus at:

2180 Johnson Avenue, Unit B

San Luis Obispo, California 93401

**EMERGENCIES: CALL 911**

**SERVING SLO COUNTY  
24 HOURS A DAY  
7 DAYS A WEEK  
365 DAYS A YEAR**