

# ON THE ROAD TO RECOVERY

Medication Assisted Treatment (MAT) uses medications, in combination with counseling and behavioral therapies, to treat opiate and alcohol use disorders.

These medications work to:

- stabilize brain chemistry
- block euphoric effects of opioids
- relieve physiological cravings
- help normalize body functions

Research has shown that MAT leads to better treatment outcomes compared to behavioral treatments alone. MAT reduces illicit drug use, disease rates, and criminal activity.

Using MAT is not replacing one addiction with another. The medication helps suppress physical symptoms of withdrawal and decrease cravings, while behavioral therapies support the individual in their path to recovery.



## VISIT US

County of San Luis Obispo  
Behavioral Health  
Drug & Alcohol Services



## CLINIC INFO

2180 Johnson Ave.  
San Luis Obispo, CA 93401  
(805) 781-4275

1523 Longbranch Ave.  
Grover Beach, CA 93433  
(805) 473-7080

805 4th Street  
Paso Robles, CA 93446  
(805) 226-3200

3556 El Camino Real  
Atascadero, CA 93422  
(805) 461-6080

# MEDICATION ASSISTED TREATMENT PROVIDERS



**RESOURCES IN  
SAN LUIS  
OBISPO COUNTY**



Medication assisted treatment has been proven to help individuals modify their behavior and **encourage positive lifestyle changes** for long-term success.



## MAT HAS BEEN SHOWN TO:



Improve patient survival.



Increase retention in treatment.



Decrease illicit opiate use and criminal activity among people with substance use disorders.



Increase patient's ability to gain and maintain employment.



Improve birth outcomes among women who have substance use disorders who are pregnant.

## PROVIDERS:

### SOUTH COUNTY

#### Central Coast Behavioral Health

Dr. Pedro D. Guimaraes, MD  
536 Camino Mercado  
Arroyo Grande, CA  
(805) 540-0279  
Holman, Private Insurance, CCPN,  
Tri Care

#### Dr. Michael McGee, MD

6613 B Bay Laurel Place  
Avila Beach, CA  
(805) 459-8232  
www.drmmichaelmcgee.com  
Cash Pay

#### Dr. Rand C. Ritchie, MD

354 Main St. Suite C  
Pismo Beach, CA  
(805) 773-3343  
Private Insurance (Aetna & Blue  
Cross), Cash Pay

#### Dr. Wendy Weiss, MD

575 Price St Unit 101  
Pismo Beach, CA  
(805) 773-0707  
Cash Pay

#### Dr. Ken Starr, MD Wellness Group

107 Nelson St,  
Arroyo Grande, CA  
(805) 242-1360  
www.kenstarrmd.com  
Private Insurance, Cash Pay

## SAN LUIS OBISPO

#### Katie Dolezal, NP

4251 South Higuera Ste. 300  
San Luis Obispo, CA  
(805) 788-8297  
www.sloaddictionmedication.com  
Cash Pay

#### Dr. Murat Z. Akalin, MD

895 Aerovista Pl Ste. 106  
San Luis Obispo, CA  
(760) 684-8773  
www.drakalin.com  
Cash Pay

#### Dr. Sorina Carabeth, MD

805 Aerovista Pl. Ste. 102  
San Luis Obispo, CA  
(805) 541-3032  
Private Insurance, Cash Pay

## NORTH COUNTY

#### Dr. Mareeni T. Stanislaus, MD, OBGYN

350 Posada Lane #201,  
Templeton, CA  
(805) 434-3000  
www.stanislausobgyn.com  
Cash Pay

#### Aegis Treatment Centers

6500 Morro Rd Suite D,  
Atascadero, CA  
(805) 461-5212  
www.aegistreatmentcenters.com  
Medi-Cal, Medi-Care, Private  
Insurance, Cash Pay